



**plan** **prepare**  
**personalize**  
**progress**

⋮ **Hereditary Angioedema (HAE)**  
⋮ **Treatment Plan and Therapy Journal**

Plan, prepare, and personalize an effective treatment plan for your HAE attacks

Share your progress with your healthcare provider

Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.

**BERINERT**  
C1 Esterase Inhibitor, Human  
*On-Demand Treatment*

## ∴ HAE Treatment Plan

**Be ready to take action when an HAE attack strikes.**

When you have hereditary angioedema (HAE), an attack can happen anytime, anywhere. That's why it's so important to work with your doctor to develop a treatment plan that will help prepare you to effectively manage your symptoms at the first sign of attack.

**This booklet belongs to:** \_\_\_\_\_

**If found, please contact:** \_\_\_\_\_

**Connect with BERINERT Connect<sup>SM</sup> by calling 1-877-236-4HAE (1-877-236-4423), Monday–Friday, 8 AM–8 PM ET to receive assistance on:**

- Insurance coverage or change/lapse in insurance
- Financial assistance
- Peer support or educational resources
- Locating a hospital that has experience with HAE treatment

Learn more at [BERINERT.com](http://BERINERT.com)



### Important Safety Information

Do not use BERINERT if you have experienced life-threatening allergic reactions or severe hypersensitivity to the product. Inform your healthcare provider of all medications you are taking and of any medical conditions, especially any history of blood-clotting problems.

**This treatment plan is divided into 3 sections to help guide your discussions and record important information.**

Together, you and your doctor can determine a personalized approach.

**Plan |** A planning worksheet helps identify HAE triggers so that you are ready in case of an attack.

An HAE Identification Card is also provided so that you always have key contact information with you. Write your personal information on the card provided, tear it out, and keep it with you at all times.

**Prepare |** A preparation worksheet helps you recognize HAE symptoms and prepare for what to do when they are beginning or getting worse.

**Personalize |** A personalized checklist is included that enables you to keep a record of your specific triggers and symptoms, important contact information, and support services.



**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

## Plan

Key information to help you be ready to effectively manage HAE. Work with your doctor to plan ahead and be prepared in case of an attack.

### Doing Well (No symptoms)

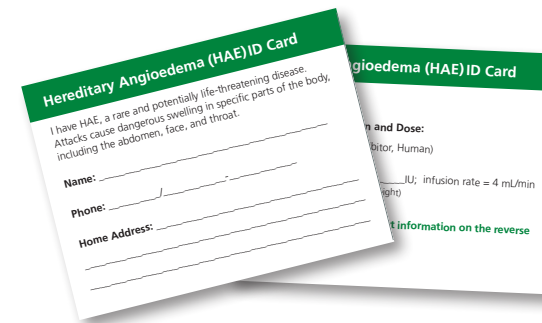
- Watch for and manage triggers of HAE attacks, such as:
  - Stress or sickness
  - Mild trauma
  - Any dental work or medical procedures
  - Certain medications, such as ACE inhibitors (for high blood pressure) or estrogen-containing oral contraceptives
- Contact your HAE physician before any dental, medical, or surgical procedure(s)
- Have 2 to 3 doses of BERINERT available at your home or treatment center
- Identify the appropriate treatment location and/or back-up plan for administration assistance
- Prepare for treatment while traveling by speaking with your doctor and/or specialty pharmacy in advance
  - Take this HAE Treatment Plan (and your medication) with you and review it with your traveling companion

### Important Safety Information

In addition, report immediately any signs or symptoms of allergic reactions to BERINERT, including hives, chest tightness, wheezing, difficulty breathing, turning blue, faintness, facial swelling and fast heartbeat.



### HAE Identification Card



Complete the information on the ID card attached to page 35. Be sure to keep the card with you at all times in case of an attack.



*The 2021 WAO Guidelines recommend that all patients with HAE have an action plan and product available to treat an attack of HAE.*

**Please see full Important Safety Information on pages 34 and 35 and enclosed full prescribing information, including the patient product information.**

## Prepare

Key information to help you be ready to effectively manage HAE. Work with your doctor to plan ahead and be prepared in case of an attack.

### Be Prepared to Treat (Symptoms are starting)

- Be aware of symptoms that may indicate the start of an attack, which may include:
  - Sudden mood changes
  - Irritability or aggressiveness
  - Anxiety
  - Extreme fatigue
  - Rash or tingling sensation of the skin where the swelling begins
- If your treatment location is outside your home, be sure to bring this HAE Treatment Plan with you, in addition to your BERINERT

#### Important Safety Information

If you have been trained to self-administer BERINERT, immediately prepare the prescribed dose at the first symptoms of an attack. Seek immediate medical attention and do not begin to self-administer if an HAE attack has progressed to a point where you will be unable to prepare or administer a dose of BERINERT.

**Call your doctor right away if swelling is not controlled after use of BERINERT.**



### Treat Immediately (Symptoms are getting worse)

- Treat immediately if you experience any of the following:
  - Hoarse voice or laryngitis
  - Difficulty swallowing
  - Tightness in throat
  - Voice changes
  - Tongue swelling
  - Face swelling
  - Stomach pain/cramping
  - Swelling of stomach
  - Nausea/vomiting/diarrhea

**Call 911 or head to the nearest emergency room in the event of a life-threatening attack.**

#### Important Safety Information

If you self-administer to treat a laryngeal attack, immediately seek medical attention afterward. If you self-administer for an abdominal attack, inform your physician so that other possible causes can be ruled out.

**Please see full Important Safety Information on pages 34 and 35 and enclosed full prescribing information, including the patient product information.**

## Personalize

### Keep a record of key information to help in HAE management.

This page is designed to organize all of your information in case you need treatment—any time of day, at home or away. Keep this checklist in a convenient place, and update it with your doctor as necessary. NOTE: If you do not have your medication, please contact your treatment center in advance to make sure that they have BERINERT for you when you arrive.

#### Important Phone Numbers

Emergency Contact: \_\_\_\_\_

Primary: \_\_\_\_ / \_\_\_\_ - \_\_\_\_      Alternate: \_\_\_\_ / \_\_\_\_ - \_\_\_\_

#### My HAE Physician

Physician: \_\_\_\_\_

Primary: \_\_\_\_ / \_\_\_\_ - \_\_\_\_      Alternate: \_\_\_\_ / \_\_\_\_ - \_\_\_\_

#### BERINERT Dose

My dose: \_\_\_\_\_ IU (20 IU per kg body weight)

IV infusion rate: 4 mL/min

#### BERINERT Medication (check all that apply)

I have BERINERT in my possession

I visit an infusion center    Location \_\_\_\_\_

The center has it in stock

I take my BERINERT to the hospital    Hospital \_\_\_\_\_

\*Reminder: You should always verify with the hospital that they accept/allow patients to bring their own medication.

**Call your doctor right away if swelling is not controlled after use of BERINERT.**

#### I am enrolled in

- BERINERT Co-Pay Program
- CSL Behring Assurance<sup>SM</sup>
- US Hereditary Angioedema Association (US HAEA)



#### My HAE Triggers

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

#### My HAE Symptoms

Use the diagram to indicate the site(s) where you experience symptoms.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



**Please see full Important Safety Information on pages 34 and 35 and enclosed full prescribing information, including the patient product information.**

## : Personalize (continued)

Keep a record of key information to help in HAE management.

### Preferred Plan

- Home Self-Administration
- Home Visiting Nurse
- Physician's Office
- Hospital
- Other: \_\_\_\_\_

Primary phone number: \_\_\_\_ / \_\_\_\_ - \_\_\_\_

Secondary phone number: \_\_\_\_ / \_\_\_\_ - \_\_\_\_

### Alternative Plan #1

- Home Self-Administration
- Home Visiting Nurse
- Physician's Office
- Hospital
- Other: \_\_\_\_\_

Primary phone number:

\_\_\_\_ / \_\_\_\_ - \_\_\_\_

Secondary phone number:

\_\_\_\_ / \_\_\_\_ - \_\_\_\_

### Alternative Plan #2

- Home Self-Administration
- Home Visiting Nurse
- Physician's Office
- Hospital
- Other: \_\_\_\_\_

Primary phone number:

\_\_\_\_ / \_\_\_\_ - \_\_\_\_

Secondary phone number:

\_\_\_\_ / \_\_\_\_ - \_\_\_\_

### Other HAE Treatments:

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### Specialty Pharmacy Center

Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Phone: \_\_\_\_ / \_\_\_\_ - \_\_\_\_



### Specialty Pharmacy Visiting Nurse

Contact Person: \_\_\_\_\_

Phone: \_\_\_\_ / \_\_\_\_ - \_\_\_\_

### Treatment Center/Hospital

Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Phone: \_\_\_\_ / \_\_\_\_ - \_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

**Individual responses to therapy may vary. If you self-administer to treat a laryngeal attack, immediately seek medical attention afterward.**

### Important Safety Information

In addition, report immediately any signs or symptoms of allergic reactions to BERINERT, including hives, chest tightness, wheezing, difficulty breathing, turning blue, faintness, facial swelling and fast heartbeat.

**Please see full Important Safety Information on pages 34 and 35 and enclosed full prescribing information, including the patient product information.**

## Summary

### Work with your doctor to develop an effective treatment plan.

HAE is an unpredictable, painful, and life-threatening condition. This provides a summary of how you can plan, prepare, and personalize your treatment plan to best suit your needs.



### Important Safety Information

If you have been trained to self-administer BERINERT, immediately prepare the prescribed dose at the first symptoms of an attack. Seek immediate medical attention and do not begin to self-administer if an HAE attack has progressed to a point where you will be unable to prepare or administer a dose of BERINERT.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

## Plan

### Your treatment plan should address:

- Preventive measures
- Home care
- Emergency on-demand treatment
- Self-administration
- Caregiver support

## Prepare

### You should be prepared with:

- HAE identification card
- On-demand medication
- Instructions on how to use your on-demand medication

## Personalize

### Your treatment plan should focus on:

- Your symptoms and triggers
- Frequency and location of your attacks
- Your support network

**Call your doctor right away if swelling is not controlled after use of BERINERT.**

## : Ready to take control?

### Get started by tracking your HAE attacks.

Use this BERINERT Therapy Journal to track your hereditary angioedema (HAE) attacks, so you can share your progress with your healthcare team.

Make sure you bring your therapy journal to every doctor's visit. Your healthcare team will find it to be an invaluable resource for monitoring your progress and helping foster successful treatment with BERINERT.



**“HAE attacks can be devastating. They can make you feel sick for days and disrupt daily activities. But with BERINERT, you can treat your HAE at the first sign of an attack – and stop missing out on family, work, and life!”**

**– BERINERT patient**

### Important Safety Information

BERINERT is used in adults and children to treat swelling and/or painful attacks of hereditary angioedema (HAE) affecting the abdomen, face or throat. The safety and efficacy of BERINERT in preventing HAE attacks have not been established.

Do not use BERINERT if you have experienced life-threatening allergic reactions or severe hypersensitivity to the product. Inform your healthcare provider of all medications you are taking and of any medical conditions, especially any history of blood-clotting problems.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

## : Self-administer with BERINERT and take control of your next HAE attack

### With proper training, you can infuse BERINERT on your own or with the help of a caregiver.

- BERINERT is *administered through an intravenous (IV) injection*.
- Never attempt to self-administer BERINERT unless you've been taught to do so by a healthcare provider.
- *One-on-one training* from a nurse or other healthcare professional can help you develop the confidence to safely and effectively self-administer BERINERT at the first sign of an HAE attack.
- If you self-administer to treat a laryngeal attack, *immediately seek medical attention afterward*. If you self-administer for an abdominal attack, inform your physician so that other possible causes can be ruled out.





## Benefits of self-administration with BERINERT

When discussing HAE with your physician, recognize the symptoms of an attack and identify your attack triggers. Common triggers include stress or sickness; mild trauma; any dental work or medical procedures; and certain medications, such as ACE inhibitors (for high blood pressure) or estrogen-containing oral contraceptives.

- The ability to self-administer BERINERT means you can *get treatment sooner*.
- Self-administration with BERINERT can help, *whether you're at home or away*.
- Remember, tracking your HAE attacks and sharing your progress with your physician is crucial to your treatment success.

### Important Safety Information

BERINERT is used in adults and children to treat swelling and/or painful attacks of hereditary angioedema (HAE) affecting the abdomen, face or throat. The safety and efficacy of BERINERT in preventing HAE attacks have not been established.

Report to your physician or an emergency room any signs and symptoms of a blood clot, including pain and/or swelling or discoloration of an arm or leg, with warmth over affected area; unexplained shortness of breath; chest pain or discomfort that worsens on deep breathing; rapid pulse; and numbness or weakness on one side of the body.

In addition, report immediately any signs or symptoms of allergic reactions to BERINERT, including hives, chest tightness, wheezing, difficulty breathing, turning blue, faintness, facial swelling and fast heartbeat.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

## Want to learn more about BERINERT or the resources and services available to you through the BERINERT Connect<sup>SM</sup> Network?



Call BERINERT Connect<sup>SM</sup> at 1-877-236-4HAE (1-877-236-4423), Monday–Friday, 8 AM–8 PM ET, or visit BERINERT.com to learn more.



## Our BERINERT Connect<sup>SM</sup> Network is here to help

Let BERINERT Connect take the hassle out of managing your therapy. With one phone call, BERINERT Connect provides you with convenient access to the following:

**BERINERT Co-Pay Program** is a financial assistance program designed to cover your eligible out-of-pocket co-pay expenses.\*

**CSL Behring Assurance<sup>SM</sup>** provides assistance to some patients who experience a lapse in third-party, private health insurance.

**CSL Behring Patient Assistance Program<sup>SM</sup>** provides medically necessary therapy to qualified individuals who are uninsured, underinsured, or unable to afford their therapy.

\*The BERINERT Co-Pay Program is available to new or existing BERINERT patients. You must be a US resident and insured in the US. Patients must also have insurance coverage for BERINERT under a private health insurance plan. Patients covered by state- or federally funded programs, such as Medicare, Medicaid, and Veterans Health Insurance, are NOT eligible.

The program cannot be used with any other rebate/coupon, free trial, or similar offer. Co-pay assistance under the program is nontransferable. The program only applies in the United States and does not apply where prohibited by law, taxed, or restricted. CSL Behring reserves the right to rescind, revoke, or amend the program at any time without notice. Additional program restrictions may apply.



**Call BERINERT Connect<sup>SM</sup> at 1-877-236-4HAE (1-877-236-4423), Monday–Friday, 8 AM–8 PM ET.**



**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

## Get to know our BERINERT Connect<sup>SM</sup> Patient Advocates

**Peer Advocates for Learning and Support are here for you.**



BERINERT Connect<sup>SM</sup> can help you enroll in the patient advocate support program. These are patients like you who have personal experience with HAE and treatment with BERINERT. They can offer encouragement, assistance, and advice by:

- Helping you better understand and manage your BERINERT therapy.
- Sharing their own experiences with BERINERT and life with HAE.
- Answering nonmedical questions\* and offering support while working through the insurance process.

To get in touch with patient advocates, call BERINERT Connect<sup>SM</sup> at 1-877-236-4HAE (1-877-236-4423) or visit us online at [BERINERT.com](http://BERINERT.com).

\*Peer advocates are not healthcare professionals or medical experts. For medical questions, please contact your physician. Peer advocates are compensated by CSL Behring for their time and/or expenses.

### Important Safety Information

Blood clots have occurred in patients receiving BERINERT. Tell your healthcare provider if you have a history of heart or blood vessel disease, stroke, or blood clots, or if you have thick blood, an indwelling catheter/access device in a vein, or have been immobile for some time. Certain medications, such as birth control pills, may also increase your risk of clotting problems.

# Notes on my BERINERT treatment Date 4-23-17

## Attack signs and symptoms (check all that apply)<sup>1</sup>

- Cramping
- Muscle aches
- Nonitchy rash
- Diarrhea
- Headache
- Swelling in the throat
- Fatigue
- Nausea
- Tingling of the skin
- Other \_\_\_\_\_

## Duration of attack

Time attack began 5:45 AM  PM Time of treatment 6:15 AM  PM

Time to onset of symptom relief About 50 minutes (minutes)

Time to complete symptom resolution 4 hours, 30 minutes (hours/minutes)

## Dose

No. of BERINERT vials used: 2 Lot #(s): \_\_\_\_\_



### Site(s) where you experienced symptoms of the attack

Use the diagram to indicate the site(s) where you experienced symptoms and check the severity of your symptoms:  Mild  Moderate  Severe

## Important Safety Information

BERINERT is used in adults and children to treat swelling and/or painful attacks of hereditary angioedema (HAE) affecting the abdomen, face or throat. The safety and efficacy of BERINERT in preventing HAE attacks have not been established.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

## Place a photo or describe your symptoms

- If your symptoms are external (ie, your swelling attack can be seen), use this space to include a photo

OR

- If your symptoms are internal (eg, an abdominal attack), use these lines to include a description of your attack

Facial attack with swelling of the jaw and lips.

## Other medications

## Side effect(s) you may have experienced

Slight headache

## Comments about the attack, such as specific triggers

Stress at work

## Questions you have for your doctor

Am I an appropriate candidate for self-administration of BERINERT?

**Call your doctor right away if swelling is not controlled after use of BERINERT.**

# Notes on my BERINERT treatment *Date* \_\_\_\_\_

## Attack signs and symptoms (check all that apply)<sup>1</sup>

- Cramping                       Muscle aches                       Nonitchy rash
- Diarrhea                       Headache                       Swelling in the throat
- Fatigue                       Nausea                       Tingling of the skin
- Other \_\_\_\_\_

## Duration of attack

Time attack began \_\_\_\_\_ AM PM    Time of treatment \_\_\_\_\_ AM PM

Time to onset of symptom relief \_\_\_\_\_ (minutes)

Time to complete symptom resolution \_\_\_\_\_ (hours/minutes)

## Dose

No. of BERINERT vials used: \_\_\_\_\_ Lot #(s): \_\_\_\_\_



### Site(s) where you experienced symptoms of the attack

Use the diagram to indicate the site(s) where you experienced symptoms and check the severity of your symptoms:  Mild     Moderate     Severe

## Important Safety Information

Do not use BERINERT if you have experienced life-threatening allergic reactions or severe hypersensitivity to the product. Inform your healthcare provider of all medications you are taking and of any medical conditions, especially any history of blood-clotting problems.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

## Place a photo or describe your symptoms

- If your symptoms are external (ie, your swelling attack can be seen), use this space to include a photo

OR

- If your symptoms are internal (eg, an abdominal attack), use these lines to include a description of your attack

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## Other medications

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## Side effect(s) you may have experienced

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## Comments about the attack, such as specific triggers

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## Questions you have for your doctor

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**Call your doctor right away if swelling is not controlled after use of BERINERT.**

# Notes on my BERINERT treatment *Date* \_\_\_\_\_

## Attack signs and symptoms (check all that apply)<sup>1</sup>

- |                                      |                                       |   |
|--------------------------------------|---------------------------------------|---|
| <input type="checkbox"/> Cramping    | <input type="checkbox"/> Muscle aches | <input type="checkbox"/> Nonitchy rash          |
| <input type="checkbox"/> Diarrhea    | <input type="checkbox"/> Headache     | <input type="checkbox"/> Swelling in the throat |
| <input type="checkbox"/> Fatigue     | <input type="checkbox"/> Nausea       | <input type="checkbox"/> Tingling of the skin   |
| <input type="checkbox"/> Other _____ |                                       |   |

## Duration of attack

Time attack began \_\_\_\_\_ AM PM    Time of treatment \_\_\_\_\_ AM PM

Time to onset of symptom relief \_\_\_\_\_ (minutes)

Time to complete symptom resolution \_\_\_\_\_ (hours/minutes)

## Dose

No. of BERINERT vials used: \_\_\_\_\_ Lot #(s): \_\_\_\_\_



### Site(s) where you experienced symptoms of the attack

Use the diagram to indicate the site(s) where you experienced symptoms and check the severity of your symptoms:  Mild     Moderate     Severe

## Important Safety Information

Blood clots have occurred in patients receiving BERINERT. Tell your healthcare provider if you have a history of heart or blood vessel disease, stroke, or blood clots, or if you have thick blood, an indwelling catheter/access device in a vein, or have been immobile for some time. Certain medications, such as birth control pills, may also increase your risk of clotting problems.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

## Place a photo or describe your symptoms

- If your symptoms are external (ie, your swelling attack can be seen), use this space to include a photo

OR

- If your symptoms are internal (eg, an abdominal attack), use these lines to include a description of your attack

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## Other medications

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## Side effect(s) you may have experienced

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## Comments about the attack, such as specific triggers

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## Questions you have for your doctor

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**Call your doctor right away if swelling is not controlled after use of BERINERT.**

## Notes on my BERINERT treatment *Date* \_\_\_\_\_

### Attack signs and symptoms (check all that apply)<sup>1</sup>

- |                                      |                                       |   |
|--------------------------------------|---------------------------------------|---|
| <input type="checkbox"/> Cramping    | <input type="checkbox"/> Muscle aches | <input type="checkbox"/> Nonitchy rash          |
| <input type="checkbox"/> Diarrhea    | <input type="checkbox"/> Headache     | <input type="checkbox"/> Swelling in the throat |
| <input type="checkbox"/> Fatigue     | <input type="checkbox"/> Nausea       | <input type="checkbox"/> Tingling of the skin   |
| <input type="checkbox"/> Other _____ |                                       |   |

### Duration of attack

Time attack began \_\_\_\_\_ AM PM    Time of treatment \_\_\_\_\_ AM PM

Time to onset of symptom relief \_\_\_\_\_ (minutes)

Time to complete symptom resolution \_\_\_\_\_ (hours/minutes)

### Dose

No. of BERINERT vials used: \_\_\_\_\_ Lot #(s): \_\_\_\_\_



### Site(s) where you experienced symptoms of the attack

Use the diagram to indicate the site(s) where you experienced symptoms and check the severity of your symptoms:  Mild     Moderate     Severe

### Important Safety Information

Report to your physician or an emergency room any signs and symptoms of a blood clot, including pain and/or swelling or discoloration of an arm or leg, with warmth over affected area; unexplained shortness of breath; chest pain or discomfort that worsens on deep breathing; rapid pulse; and numbness or weakness on one side of the body.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

### Place a photo or describe your symptoms

- If your symptoms are external (ie, your swelling attack can be seen), use this space to include a photo

OR

- If your symptoms are internal (eg, an abdominal attack), use these lines to include a description of your attack

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### Other medications

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### Side effect(s) you may have experienced

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### Comments about the attack, such as specific triggers

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### Questions you have for your doctor

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**Call your doctor right away if swelling is not controlled after use of BERINERT.**

## Notes on my BERINERT treatment Date \_\_\_\_\_

### Attack signs and symptoms (check all that apply)<sup>1</sup>

- |                                      |                                       |   |
|--------------------------------------|---------------------------------------|---|
| <input type="checkbox"/> Cramping    | <input type="checkbox"/> Muscle aches | <input type="checkbox"/> Nonitchy rash          |
| <input type="checkbox"/> Diarrhea    | <input type="checkbox"/> Headache     | <input type="checkbox"/> Swelling in the throat |
| <input type="checkbox"/> Fatigue     | <input type="checkbox"/> Nausea       | <input type="checkbox"/> Tingling of the skin   |
| <input type="checkbox"/> Other _____ |                                       |   |

### Duration of attack

Time attack began \_\_\_\_\_ AM PM    Time of treatment \_\_\_\_\_ AM PM

Time to onset of symptom relief \_\_\_\_\_ (minutes)

Time to complete symptom resolution \_\_\_\_\_ (hours/minutes)

### Dose

No. of BERINERT vials used: \_\_\_\_\_ Lot #(s): \_\_\_\_\_



### Site(s) where you experienced symptoms of the attack

Use the diagram to indicate the site(s) where you experienced symptoms and check the severity of your symptoms:  Mild     Moderate     Severe

### Important Safety Information

In addition, report immediately any signs or symptoms of allergic reactions to BERINERT, including hives, chest tightness, wheezing, difficulty breathing, turning blue, faintness, facial swelling and fast heartbeat.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

### Place a photo or describe your symptoms

- If your symptoms are external (ie, your swelling attack can be seen), use this space to include a photo

OR

- If your symptoms are internal (eg, an abdominal attack), use these lines to include a description of your attack

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### Other medications

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### Side effect(s) you may have experienced

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### Comments about the attack, such as specific triggers

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### Questions you have for your doctor

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**Call your doctor right away if swelling is not controlled after use of BERINERT.**

## Notes on my BERINERT treatment Date \_\_\_\_\_

### Attack signs and symptoms (check all that apply)<sup>1</sup>

- |                                      |                                       |   |
|--------------------------------------|---------------------------------------|---|
| <input type="checkbox"/> Cramping    | <input type="checkbox"/> Muscle aches | <input type="checkbox"/> Nonitchy rash          |
| <input type="checkbox"/> Diarrhea    | <input type="checkbox"/> Headache     | <input type="checkbox"/> Swelling in the throat |
| <input type="checkbox"/> Fatigue     | <input type="checkbox"/> Nausea       | <input type="checkbox"/> Tingling of the skin   |
| <input type="checkbox"/> Other _____ |                                       |   |

### Duration of attack

Time attack began \_\_\_\_\_ AM PM    Time of treatment \_\_\_\_\_ AM PM

Time to onset of symptom relief \_\_\_\_\_ (minutes)

Time to complete symptom resolution \_\_\_\_\_ (hours/minutes)

### Dose

No. of BERINERT vials used: \_\_\_\_\_ Lot #(s): \_\_\_\_\_



### Site(s) where you experienced symptoms of the attack

Use the diagram to indicate the site(s) where you experienced symptoms and check the severity of your symptoms:  Mild     Moderate     Severe

### Important Safety Information

If you have been trained to self-administer BERINERT, immediately prepare the prescribed dose at the first symptoms of an attack. Seek immediate medical attention and do not begin to self-administer if an HAE attack has progressed to a point where you will be unable to prepare or administer a dose of BERINERT.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

### Place a photo or describe your symptoms

- If your symptoms are external (ie, your swelling attack can be seen), use this space to include a photo

OR

- If your symptoms are internal (eg, an abdominal attack), use these lines to include a description of your attack

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### Other medications

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### Side effect(s) you may have experienced

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### Comments about the attack, such as specific triggers

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### Questions you have for your doctor

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**Call your doctor right away if swelling is not controlled after use of BERINERT.**



## Notes on my BERINERT treatment Date \_\_\_\_\_

### Attack signs and symptoms (check all that apply)<sup>1</sup>

- |                                      |                                       |   |
|--------------------------------------|---------------------------------------|---|
| <input type="checkbox"/> Cramping    | <input type="checkbox"/> Muscle aches | <input type="checkbox"/> Nonitchy rash          |
| <input type="checkbox"/> Diarrhea    | <input type="checkbox"/> Headache     | <input type="checkbox"/> Swelling in the throat |
| <input type="checkbox"/> Fatigue     | <input type="checkbox"/> Nausea       | <input type="checkbox"/> Tingling of the skin   |
| <input type="checkbox"/> Other _____ |                                       |   |

### Duration of attack

Time attack began \_\_\_\_\_ AM PM    Time of treatment \_\_\_\_\_ AM PM

Time to onset of symptom relief \_\_\_\_\_ (minutes)

Time to complete symptom resolution \_\_\_\_\_ (hours/minutes)

### Dose

No. of BERINERT vials used: \_\_\_\_\_ Lot #(s): \_\_\_\_\_



#### Site(s) where you experienced symptoms of the attack

Use the diagram to indicate the site(s) where you experienced symptoms and check the severity of your symptoms:  Mild     Moderate     Severe

### Important Safety Information

If you self-administer to treat a laryngeal attack, immediately seek medical attention afterward. If you self-administer for an abdominal attack, inform your physician so that other possible causes can be ruled out.

**Please see full Important Safety Information on pages 34 and 35 and enclosed prescribing information for BERINERT, including the patient product information.**

### Place a photo or describe your symptoms

- If your symptoms are external (ie, your swelling attack can be seen), use this space to include a photo

OR

- If your symptoms are internal (eg, an abdominal attack), use these lines to include a description of your attack

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### Other medications

---

---

### Side effect(s) you may have experienced

---

---

### Comments about the attack, such as specific triggers

---

---

### Questions you have for your doctor

---

---

**Call your doctor right away if swelling is not controlled after use of BERINERT.**

### Important Safety Information

BERINERT is used in adults and children to treat swelling and/or painful attacks of hereditary angioedema (HAE) affecting the abdomen, face or throat. The safety and efficacy of BERINERT in preventing HAE attacks have not been established.

Do not use BERINERT if you have experienced life-threatening allergic reactions or severe hypersensitivity to the product. Inform your healthcare provider of all medications you are taking and of any medical conditions, especially any history of blood-clotting problems.

Blood clots have occurred in patients receiving BERINERT. Tell your healthcare provider if you have a history of heart or blood vessel disease, stroke, or blood clots, or if you have thick blood, an indwelling catheter/access device in a vein, or have been immobile for some time. Certain medications, such as birth control pills, may also increase your risk of clotting problems.

Report to your physician or an emergency room any signs and symptoms of a blood clot, including pain and/or swelling or discoloration of an arm or leg, with warmth over affected area; unexplained shortness of breath; chest pain or discomfort that worsens on deep breathing; rapid pulse; and numbness or weakness on one side of the body.

In addition, report immediately any signs or symptoms of allergic reactions to BERINERT, including hives, chest tightness, wheezing, difficulty breathing, turning blue, faintness, facial swelling and fast heartbeat.

If you have been trained to self-administer BERINERT, immediately prepare the prescribed dose at the first symptoms of an attack. Seek immediate medical attention and do not begin to self-administer if an HAE attack has progressed to a point where you will be unable to prepare or administer a dose of BERINERT.

**Call your doctor right away if swelling is not controlled after use of BERINERT.**

In clinical studies, the most serious adverse reaction reported in subjects who received BERINERT was an increased severity of the pain associated with HAE. In the placebo-controlled clinical trial, the most common adverse reaction reported more often among subjects who received BERINERT than those receiving placebo was dysgeusia (a bad taste in mouth). Tell your healthcare provider about any side effect that bothers you or does not go away.

Because BERINERT is made from human blood, the risk that it may transmit infectious agents, including viruses and theoretically, the agents of Creutzfeldt-Jakob Disease (CJD) and its variant form (vCJD), cannot be completely eliminated.

**Please see enclosed prescribing information for BERINERT, including the patient product information.**

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

You can also report side effects to CSL Behring's Pharmacovigilance Department at 1-866-915-6958.

**Reference: 1.** Craig T, Aygören-Pürsün E, Bork K, et al. WAO Guideline for the Management of Hereditary Angioedema. *World Allergy Organ J.* 2012;5(12):182-199.

### HAE Identification Card

Complete the information on the tear-off card below. Be sure to keep the card with you at all times in case of an attack.

#### Hereditary Angioedema (HAE) ID Card

**Prescription Medication and Dose:**  
BERINERT® (C1 Esterase Inhibitor, Human)

**BERINERT Dose:** \_\_\_\_\_ IU; infusion rate = 4 mL/min  
(20 IU per kg body weight)

**Please see emergency contact information on the reverse side of this card.**

#### Hereditary Angioedema (HAE) ID Card

I have HAE, a rare and potentially life-threatening disease. Attacks cause dangerous swelling in specific parts of the body, including the abdomen, face, and throat.

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ / \_\_\_\_\_ - \_\_\_\_\_

**Home Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





BERINERT is manufactured by CSL Behring GmbH and distributed by CSL Behring LLC.  
BERINERT® is a registered trademark of CSL Behring GmbH.  
WAO® is a registered trademark of World Allergy Organization, Inc.  
Biotherapies for Life® is a registered trademark of CSL Behring LLC.  
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BRN-0042-MAY22

**BERINERT**<sup>®</sup>  
C1 Esterase Inhibitor, Human  
*On-Demand Treatment*

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use BERINERT safely and effectively. See full prescribing information for BERINERT.

### BERINERT® [C1 Esterase Inhibitor (Human)]

For intravenous use. Freeze-Dried Powder for Reconstitution.

Initial U.S. Approval: 2009

#### RECENT MAJOR CHANGES

Dosage and Administration (2.1)

09/2021

#### INDICATIONS AND USAGE

BERINERT is a plasma-derived C1 Esterase Inhibitor (Human) indicated for the treatment of acute abdominal, facial, or laryngeal hereditary angioedema (HAE) attacks in adult and pediatric patients (1).

The safety and efficacy of BERINERT for prophylactic therapy have not been established (1).

#### DOSAGE AND ADMINISTRATION

##### For intravenous use only.

- Store the vial in the original carton in order to protect from light. Store at 2-30°C (36-86°F). Do not freeze.(2)
- Administer 20 International Units per kg body weight.(2)
- Reconstitute BERINERT prior to use using the Sterile Water for Injection, USP provided.(2.1)
- Use the silicone-free syringe provided for administration of BERINERT. (2.1)
- Administer at room temperature within 8 hours of reconstitution.(2.1)
- Inject at a rate of approximately 4 mL per minute.(2.2)
- Do not mix BERINERT with other medicinal products or solutions.(2.2)
- Appropriately trained patients may self-administer upon recognition of an HAE attack.(2.2)

#### DOSAGE FORMS AND STRENGTHS

- 500 International Units lyophilized concentrate in a single-dose vial for reconstitution with 10 mL of Sterile Water for Injection, USP (3).

#### CONTRAINDICATIONS

- Do not use in patients with a history of life-threatening immediate hypersensitivity reactions, including anaphylaxis, to C1 esterase inhibitor preparations. (4)

#### WARNINGS AND PRECAUTIONS

- Hypersensitivity reactions may occur. Epinephrine should be immediately available to treat any acute severe hypersensitivity reactions following discontinuation of administration.(5.1)
- Serious arterial and venous thromboembolic (TE) events have been reported at the recommended dose of C1 Esterase Inhibitor (Human) products, including BERINERT, following administration in patients with HAE. Risk factors may include the presence of an indwelling venous catheter/access device, prior history of thrombosis, underlying atherosclerosis, use of oral contraceptives or certain androgens, morbid obesity, and immobility. Benefits of treatment of HAE attacks should be weighed against the risks of TE events in patients with underlying risk factors. Monitor patients with known risk factors for TE events during and after BERINERT administration. TE events have also been reported following administration of a C1 Esterase Inhibitor (Human) product when used for unapproved indications at higher than recommended doses.<sup>1</sup>(5.2)
- Because BERINERT is made from human blood, it may carry a risk of transmitting infectious agents, e.g., viruses, the variant Creutzfeldt-Jakob disease (vCJD) agent and, theoretically, the Creutzfeldt-Jakob disease (CJD) agent.(5.3)
- Laryngeal HAE attacks: Following self-administration of BERINERT for laryngeal HAE attacks, advise patients to immediately seek medical attention.(5.4)

#### ADVERSE REACTIONS

- The most serious adverse reaction reported in subjects who received BERINERT was an increase in the severity of pain associated with HAE.(6.1)
- The most common adverse reaction reported in greater than 4% of the subjects and greater than placebo among subjects who received BERINERT in the placebo-controlled clinical trial was dysgeusia.(6.1)

To report SUSPECTED ADVERSE REACTIONS, contact the CSL Behring Pharmacovigilance Department at 1-866-915-6958 or to the FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

#### USE IN SPECIFIC POPULATIONS

- Pregnancy: Use only if clearly needed.(8.1)
- Compared to adults, when adjusted for baseline, the half-life of BERINERT was shorter and clearance (on per kg basis) was faster in children. The clinical implication of this difference is not known.(12.3)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.

Revised: September 2021

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CSL Behring  
**FULL PRESCRIBING INFORMATION**  
**BERINERT® [C1 Esterase Inhibitor (Human)]**  
**Freeze-dried powder**

**1 INDICATIONS AND USAGE**

BERINERT is a plasma-derived concentrate of C1 Esterase Inhibitor (Human) indicated for the treatment of acute abdominal, facial, or laryngeal hereditary angioedema (HAE) attacks in adult and pediatric patients.

The safety and efficacy of BERINERT for prophylactic therapy have not been established.

**2 DOSAGE AND ADMINISTRATION**

**For Intravenous Use Only.**

Administer BERINERT at a dose of 20 International Units (IU) per kg body weight by intravenous injection. Doses lower than 20 IU/kg body weight should not be administered. BERINERT is provided as a freeze-dried powder for reconstitution with the Sterile Water for Injection, USP provided. Store the vial in the original carton in order to protect from light. Do not freeze.

**2.1 Preparation and Handling**

- Check the expiration date on the product vial label and on the administration kit. Do not use any component that is beyond the expiration date. Do not use if any components are damaged or opened.
- Prepare and administer using aseptic techniques [see *Dosage and Administration (2.2)*].
- Use the silicone-free syringe, provided, for administration of BERINERT [see *How Supplied/Storage and Handling (16)*].
- After reconstitution and prior to administration, inspect BERINERT visually for particulate matter and discoloration. The reconstituted solution should be colorless, clear, and free from visible particles. Do not use if the solution is cloudy, discolored, or contains particulates.
- The BERINERT vial is for single use only. BERINERT contains no preservative. Any product that has been reconstituted should be used promptly. The reconstituted solution must be used within 8 hours. Discard partially used vials.
- Do not freeze the reconstituted solution.

**2.2 Reconstitution and Administration**

Each BERINERT vial containing 500 IU of C1 esterase inhibitor as a lyophilized concentrate for reconstitution with 10 mL of Sterile Water for Injection, USP provided. Use either the Mix2Vial® transfer set provided with BERINERT [see *How Supplied/Storage and Handling (16.1)*] or a commercially available double-ended needle and vented filter spike.

Reconstitution

The procedures below are provided as general guidelines for the reconstitution and administration of BERINERT.

1. Ensure that the BERINERT vial and diluent vial are at room temperature.
2. Place the BERINERT vial, diluent vial and Mix2Vial transfer set on a flat surface.
3. Remove the flip caps from the BERINERT and diluent vials. Wipe the vial stoppers with the alcohol swab provided. Allow to dry prior to opening the Mix2Vial transfer set package.
4. Open the Mix2Vial transfer set package by peeling away the lid (Figure 1). Leave the Mix2Vial transfer set in the clear package.



Figure 1

5. Place the diluent vial on a flat surface and hold the vial tightly. Grip the Mix2Vial transfer set together with the clear package and push the plastic spike at the blue end of the Mix2Vial transfer set firmly through the center of the stopper of the diluent vial (Figure 2).



Figure 2

6. Carefully remove the clear package from the Mix2Vial transfer set. Make sure that you pull up only the clear package, and not the Mix2Vial transfer set (Figure 3).



Figure 3

7. With the BERINERT vial placed firmly on a flat surface, invert the diluent vial with the Mix2Vial transfer set attached and push the plastic spike of the transparent adapter firmly through the center of the stopper of the BERINERT vial (Figure 4). The diluent will automatically transfer into the BERINERT vial.



Figure 4

8. With the diluent and BERINERT vial still attached to the Mix2Vial transfer set, gently swirl the BERINERT vial to ensure that the BERINERT is fully dissolved (Figure 5). Do not shake the vial.



Figure 5

9. With one hand, grasp the BERINERT-side of the Mix2Vial transfer set and with the other hand grasp the blue diluent-side of the Mix2Vial transfer set and unscrew (counter clockwise) the set into two pieces (Figure 6).



Figure 6

10. Carefully look at reconstituted solution in each vial of BERINERT. It should be colorless, clear, and free from visible particles. **Do not use the vial if** the liquid looks cloudy, contains particles, or has changed color. Do not use if the expiration date on the label has expired.
11. Draw air into the empty, sterile, silicone-free syringe provided. While the BERINERT vial is upright, screw the syringe to the Mix2Vial transfer set. Inject air into the BERINERT vial. While keeping the syringe plunger pressed, invert the system upside down and draw the concentrate into the syringe by pulling the plunger back slowly (Figure 7). If BERINERT is not immediately used, please store reconstituted solution in the vial.



Figure 7

12. Now that the concentrate has been transferred into the syringe, firmly grasp the barrel of the syringe (keeping the plunger facing down) and unscrew (counter clockwise) the syringe from the Mix2Vial transfer set (Figure 8). Attach the syringe to a suitable intravenous administration set.



Figure 8

13. If patient requires more than one vial, a new unused Mix2Vial transfer set and a new silicone-free syringe should be used for each BERINERT vial.
14. Do not refrigerate after reconstitution. When reconstitution is carried out using aseptic technique, administration may begin within 8 hours, provided the solution has been stored at up to 30°C (86°F). Do not refrigerate or freeze the reconstituted solution. Only store the reconstituted solution in the vial.

## Administration

- Do not mix BERINERT with other medicinal products. Administer BERINERT by a separate infusion line.
- Use aseptic technique when administering BERINERT.
- Use the silicone-free syringe provided in the administration kit [see *How Supplied/Storage and Handling (16)*].
- Follow recommended venipuncture guidelines for initiating intravenous therapy.
- Administer BERINERT by slow intravenous injection at a rate of approximately 4 mL per minute. Please refer to the illustration in step 6 of the self-administration section in the Patient Product Information (PPI) section.
- For self-administration, provide the patient with instructions and training for intravenous injection outside of a clinic setting so patients may self-administer BERINERT upon recognition of symptoms of an HAE attack [see *Patient Counseling Information (17)*].
- After administration, immediately discard any unused product and all used disposable supplies in accordance with local requirements.

## 3 DOSAGE FORMS AND STRENGTHS

- BERINERT is available in a single-dose vial that contains 500 IU of C1 esterase inhibitor as a lyophilized concentrate.
- Each vial must be reconstituted with 10 mL of Sterile Water for Injection, USP provided.

## 4 CONTRAINDICATIONS

BERINERT is contraindicated in individuals who have experienced life-threatening hypersensitivity reactions, including anaphylaxis, to C1 esterase inhibitor preparations.

## 5 WARNINGS AND PRECAUTIONS

### 5.1 Hypersensitivity

Severe hypersensitivity reactions may occur. Epinephrine should be immediately available for treatment of acute severe hypersensitivity reaction [see *Patient Counseling Information (17)*]. The signs and symptoms of hypersensitivity reactions may include hives, generalized urticaria, tightness of the chest, wheezing, hypotension, and/or anaphylaxis during or after injection of BERINERT.

Because hypersensitivity reactions may have symptoms similar to HAE attacks, treatment methods should be carefully considered. In case of suspected hypersensitivity, immediately discontinue administration of BERINERT and institute appropriate treatment.

### 5.2 Thromboembolic Events

Serious arterial and venous thromboembolic (TE) events have been reported at the recommended dose of C1 Esterase Inhibitor (Human) products, including BERINERT, following administration in patients with HAE. Risk factors may include the presence of an indwelling venous catheter/access device, prior history of thrombosis, underlying atherosclerosis, use of oral contraceptives or certain androgens, morbid obesity, and immobility. Benefits of treatment of HAE attacks should be weighed against the risks of TE events in patients with underlying risk factors. Monitor patients with known risk factors for TE events during and after BERINERT administration.

TE events have also been reported following administration of a C1 Esterase Inhibitor (Human) product when used for unapproved indications at higher than recommended doses<sup>1,2</sup> [see *Overdosage (10) and Nonclinical Toxicology (13.2)*].

### 5.3 Transmissible Infectious Agents

Because BERINERT is made from human blood, it may carry a risk of transmitting infectious agents, eg, viruses, the variant Creutzfeldt-Jakob disease (vCJD) agent and, theoretically, the Creutzfeldt-Jakob disease (CJD) agent. The risk that such products will transmit an infectious agent has been minimized by screening plasma donors for prior exposure to certain viruses, by testing for the presence of certain current virus infections, and by processes demonstrated to inactivate and/or remove a wide range of viruses [see *Description (11)*].

Despite these measures, such products may still potentially transmit disease and there is also the possibility that unknown infectious agents may be present in such products. However, since implementation of these measures, no case reports on suspected transmission of viruses have demonstrated a causal relationship to the administration of BERINERT.

All infections thought by a physician possibly to have been transmitted by BERINERT should be reported by lot number, by the physician, or other healthcare provider to the CSL Behring Pharmacovigilance Department at 1-866-915-6958.

### 5.4 Laryngeal HAE Attacks

Given the potential for airway obstruction during acute laryngeal HAE attacks, patients self-administering BERINERT should be advised to immediately seek medical attention in an appropriate healthcare facility after treatment with BERINERT.

## 6 ADVERSE REACTIONS

The most serious adverse reaction reported in subjects enrolled in clinical studies who received BERINERT was an increase in the severity of pain associated with HAE.

The most common adverse reaction reported in greater than 4% of the subjects and greater than placebo among subjects who received BERINERT in the placebo-controlled clinical trial was dysgeusia.

## 6.1 Clinical Trials Experience

Because clinical studies are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

### Placebo-controlled Clinical Study

In the placebo-controlled clinical study, referred to as the randomized clinical trial (RCT) [see *Clinical Studies (14)*], 124 subjects experiencing an acute moderate to severe abdominal or facial HAE attack were treated with BERINERT (either a 10 IU per kg body weight or a 20 IU per kg body weight dose), or placebo (physiological saline solution).

The treatment-emergent serious adverse reactions/events that occurred in 5 subjects in the RCT were laryngeal edema, facial HAE attacks with laryngeal edema, swelling (shoulder and chest), exacerbation of hereditary angioedema, and laryngospasm.

After initial infusion or rescue Medication treatment with BERINERT versus placebo, in the intent-to-treat population only one adverse reaction was reported in greater than one subject in either treatment group, at a frequency higher than placebo: dysgeusia was reported within 4 hours of infusion of BERINERT versus placebo (2/43, 4.7% vs. 0/42, 0%) and up to 72 hours (2/43, 4.7% vs. 1/42, 2.4%). Because more subjects in the placebo group than in the BERINERT group received rescue treatment, the median observation period in this analysis for subjects randomized to placebo was slightly longer than for subjects randomized to receive BERINERT.

Subjects were tested at baseline and after 3 months for possible exposure to Parvovirus B19, hepatitis B, hepatitis C, and HIV-1 and HIV-2. No subject who underwent testing evidenced seroconversion or treatment-emergent positive polymerase chain reaction testing for these pathogens.

### Open-Label Extension Study

In the safety analysis of the open-label extension study, 57 subjects with 1085 acute moderate to severe abdominal, facial, peripheral, and laryngeal HAE attacks received a 20 IU/kg body weight dose of BERINERT [see *Clinical Studies (14)*]. This study provides additional safety data in subjects who received multiple infusions of the product for sequential HAE attacks (one infusion per attack).

Table 1 lists the adverse reactions that occurred in the safety analysis of the open-label extension study in  $\geq 2$  subjects or associated with  $\geq 5$  HAE attacks during infusion or within 24 hours or 72 hours after the end of a BERINERT infusion.

**Table 1. Incidence of Subjects and HAE Attacks with Adverse Reactions (ARs)\* Starting During Infusion or Within 24 Hours or 72 Hours after End of an Infusion (Experienced by  $\geq 2$  Subjects or Associated with  $\geq 5$  HAE Attacks Overall) by Preferred Term (Safety Subject and HAE Attack Populations) - Open-Label Extension Study**

Preferred term	Number (%) of Subjects (n=57)		Number (%) of Attacks (n=1085)	
	ARs within 24 hours	ARs within 72 hours	ARs within 24 hours	ARs within 72 hours
<b>Any preferred term</b>	<b>13 (22.8%)</b>	<b>20 (35.1%)</b>	<b>27 (2.5%)</b>	<b>41 (3.8%)</b>
Headache	2 (3.5%)	4 (7.0%)	3 (0.3%)	6 (0.6%)
Nasopharyngitis	1 (1.8%)	2 (3.5%)	1 (<0.1%)	2 (0.2%)
Abdominal pain or discomfort	1 (1.8%)	3 (5.3%)	2 (0.2%)	6 (0.6%)
Upper respiratory tract infection	0 (0)	1 (1.8%)	0 (0)	1 (<0.1%)
Hereditary angioedema attack <sup>†</sup>	1 (1.8%)	1 (1.8%)	1 (<0.1%)	1 (<0.1%)
Influenza like illness	1 (1.8%)	2 (3.5%)	1 (<0.1%)	2 (0.2%)
Rash	2 (3.5%)	2 (3.5%)	2 (0.2%)	2 (0.2%)
Vulvovaginal mycotic infection	0 (0)	2 (3.5%)	0 (0)	2 (0.2%)
Nausea	1 (1.8%)	1 (1.8%)	4 (0.4%)	5 (0.5%)

N = total number of subjects/HAE attacks

Data are sorted by decreasing frequency by number of subjects.

\* Because of the allowance of rescue medication in both study arms, all listed adverse events were considered to be at least potentially related to study medication (eg, adverse reactions), regardless of the investigator's opinion concerning causality.

† Hereditary angioedema attacks were only to be reported as adverse reaction if it was a worsening of symptoms during a treated HAE attack. New HAE attacks were not to be reported as adverse reactions. Although the adverse reaction of hereditary angioedema in subject 22301 was a new HAE attack that started after the previous HAE attack had completely resolved, this HAE attack was reported as an adverse reaction, because the HAE attack was not included in the study and treated outside study site with medication other than the study medication.

The incidence and type of adverse reactions with BERINERT when administered for treatment of multiple consecutive acute HAE attacks of any type was similar to those previously observed. As in the placebo-controlled study, no proven cases of infections due to HIV-1/2, HAV, HBV, HCV or Parvovirus B19 were observed during the study.

## 6.2 Immunogenicity

In a post-marketing study forty-six subjects with Type I or Type II HAE were monitored for inhibitory or non-inhibitory antibodies to C1-INH. Blood samples for antibody assessment were taken at Day 1 (First HAE attack requiring administration of a dose of 20 IU/kg IV, baseline value), and at 3, 6 and 9 months. No subjects developed inhibitory antibodies to C1-INH at any of the time points following infusion of BERINERT. Thirteen subjects (28.2%), however, had detectable levels of non-inhibitory Abs at some point during the study, including 9 subjects (19.6%) who had detectable non-inhibitory Abs at baseline. The presence of non-inhibitory anti-C1-INH Abs did not induce apparent immunologically-associated clinical events.

The detection of antibody formation is highly dependent on the sensitivity and specificity of the assay. Additionally, the observed incidence of antibody (including neutralizing antibody) positivity in an assay may be influenced by several factors including assay methodology, sample handling, timing of sample collection, concomitant medications, and underlying disease. For these reasons, it may be misleading to compare the incidence of antibodies to BERINERT in the studies described above with the incidence of antibodies in other studies or to other products.

## 6.3 Postmarketing Experience

Because postmarketing reporting of adverse reactions is voluntary and from a population of uncertain size, it is not always possible to reliably estimate the frequency of these reactions or establish a causal relationship to product exposure.

Adverse reactions reported in Europe since 1979 in patients receiving BERINERT for treatment of HAE include hypersensitivity/anaphylactic reactions, injection-site pain, injection-site redness, chills, and fever.

### TE Events Associated with HAE Treatment

TE events including basilar artery thrombosis, multiple pulmonary microemboli, and thrombosis have been reported with the use of BERINERT at the recommended dose following treatment of HAE.

### TE Events Associated with Use in Unapproved Indications

TE events have also been reported with the use of BERINERT in patients receiving higher than recommended doses during cardiac surgery (unapproved indication) include carotid artery thrombosis, cerebral thrombosis, myocardial infarction, pulmonary embolism, renal vein thrombosis, sagittal sinus thrombosis, inferior vena cava thrombosis, superior vena cava thrombosis, internal jugular vein thrombosis, and peripheral venous thrombosis.<sup>1</sup> The following adverse reactions, identified by system organ class, have been attributed to BERINERT during post-approval use outside the US.

- *Immune System Disorder: Hypersensitivity/anaphylactic reactions, and shock*
- *General/Body as a Whole: Pain on injection, redness at injection site, chills, and fever*

## 8 USE IN SPECIFIC POPULATIONS

### 8.1 Pregnancy

#### Risk Summary

Background risk (general population)

A review of available data suggests that major birth defects occur in 2-4% of the U.S. general population and that miscarriage occurs in 15-20% of clinically recognized pregnancies, regardless of drug exposure.

#### Data

Risk in BERINERT patients

In a retrospective case collection study, 20 pregnant women ranging in age from 20 to 35 years received BERINERT with repeated doses up to 3,500 IU per HAE attack; these women reported no complications during delivery and no harmful effects on their 34 neonates.<sup>3</sup> BERINERT should be given to a pregnant woman only if clearly needed.

### 8.2 Lactation

#### Risk Summary

It is not known whether BERINERT is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when BERINERT is administered to a nursing woman.

### 8.4 Pediatric Use

Safety and efficacy of BERINERT have been evaluated in 12 pediatric patients with HAE (age range 10 to 16 years) in the placebo controlled and open-label extension studies. BERINERT was also evaluated in 18 pediatric patients with HAE (age range 5 to 11 years) in a Registry Study conducted in the US and Europe. The safety profile observed in the pediatric population was similar to that observed in adults. The pharmacokinetics of BERINERT were evaluated in 5 pediatric subjects (ages 6 through 13) [see *Clinical Pharmacology (12.3)*].

### 8.5 Geriatric Use

The safety and efficacy of BERINERT in the geriatric population have not been evaluated in controlled clinical studies. BERINERT was evaluated in 27 geriatric subjects (age range 65 to 83 years) with HAE in a Registry Study conducted in the US and Europe. The safety profile observed in the geriatric population was similar to that observed in the younger populations studied.

## 10 OVERDOSAGE

The development of thrombosis has been reported after doses exceeding 20 IU/kg body weight of BERINERT when used for unapproved indications in newborns and young children with congenital heart anomalies during or after cardiac surgery under extracorporeal circulation.<sup>1</sup>

The maximum dose administered in clinical studies in hereditary angioedema was 20 IU/kg body weight.

## 11 DESCRIPTION

BERINERT is a human plasma-derived, purified, pasteurized, lyophilized concentrate of C1 esterase inhibitor to be reconstituted for intravenous administration. BERINERT is prepared from large pools of human plasma from US donors. The potency of C1 esterase inhibitor is expressed in International Units (IU), which is related to the current WHO Standard for C1 esterase inhibitor products.

C1 esterase inhibitor is a soluble, single-chain glycoprotein containing 478 amino acid residues organized into three beta-sheets and eight or nine alpha-helices.<sup>4</sup> The heavily glycosylated molecule has an apparent molecular weight of 105 kD, of which the carbohydrate chains comprise 26% to 35%.<sup>5</sup>

Each 500 IU vial of reconstituted BERINERT contains 400-625 IU C1 esterase inhibitor, 50 to 80 mg total protein, 85 to 115 mg glycine, 70 to 100 mg sodium chloride, and 25 to 35 mg sodium citrate.

All plasma used in the manufacture of BERINERT is obtained from US donors and is tested using serological assays for hepatitis B surface antigen and antibodies to HIV-1/2 and HCV. Additionally, the plasma is tested with Nucleic Acid Testing (NAT) for HBV, HCV, HIV-1 and HAV and found to be non-reactive (negative). In addition, the plasma is also tested by NAT for Human Parvovirus B19. Only plasma that has passed virus screening is used for production, and the limit for Parvovirus B19 in the fractionation pool is set not to exceed 10<sup>4</sup> IU of Parvovirus B19 DNA per mL.

The manufacturing process for BERINERT includes multiple steps that reduce the risk of virus transmission. The virus inactivation/reduction capacity consists of three steps:

- Pasteurization in aqueous solution at 60°C for 10 hours
- Hydrophobic interaction chromatography
- Virus filtration (also called nanofiltration) by two filters, 20 nm and 15 nm, in series

This was evaluated in a series of *in vitro* spiking experiments. The total mean cumulative virus inactivation/reduction is shown in Table 2.

**Table 2. Mean Virus Inactivation/Reductions in BERINERT**

Virus Studied	Pasteurization [log <sub>10</sub> ]	Hydrophobic Interaction Chromatography [log <sub>10</sub> ]	Virus Filtration [log <sub>10</sub> ]	Total Cumulative [log <sub>10</sub> ]
<b>Enveloped Viruses</b>				
HIV-1	≥6.6	≥4.5	≥5.1	≥16.2
BVDV	≥9.2	≥4.7	≥5.3	≥19.2
PRV	6.3	≥6.5	≥7.1	≥19.9
WNV	≥7.0	ND	≥8.0	≥15.0
<b>Non-Enveloped Viruses</b>				
HAV	≥6.4	2.8	≥5.3	≥14.5
CPV	1.4	3.9	7.1	12.4
B19V	3.9	ND	ND	NA

HIV-1, Human immunodeficiency virus type 1, a model for HIV-1 and HIV-2

BVDV, Bovine viral diarrhoea virus, a model for HCV

PRV, Pseudorabies virus, a model for large enveloped DNA viruses

WNV, West Nile virus

HAV, Hepatitis A virus

CPV, Canine parvovirus

B19V, Human Parvovirus B19

ND, Not determined

NA, Not applicable

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

C1 esterase inhibitor is a normal constituent of human plasma and belongs to the group of serine protease inhibitors (serpins) that includes antithrombin III, alpha<sub>1</sub>-protease inhibitor, alpha<sub>2</sub>-antiplasmin, and heparin cofactor II. As with the other inhibitors in this group, C1 esterase inhibitor has an important inhibiting potential on several of the major cascade systems of the human body, including the complement system, the intrinsic coagulation (contact) system, the fibrinolytic system, and the coagulation cascade. Regulation of these systems is performed through the formation of complexes between the proteinase and the inhibitor, resulting in inactivation of both and consumption of the C1 esterase inhibitor.

C1 esterase inhibitor, which is usually activated during the inflammatory process, inactivates its substrate by covalently binding to the reactive site. C1 esterase inhibitor is the only known inhibitor for the subcomponent of the complement component 1 (C1r), C1s, coagulation factor XIIa, and kallikrein. Additionally, C1 esterase inhibitor is the main inhibitor for coagulation factor XIa of the intrinsic coagulation cascade.

HAE patients have low levels of endogenous or functional C1 esterase inhibitor. Although the events that induce HAE attacks of angioedema in HAE patients are

not well defined, it has been postulated that increased vascular permeability and the clinical manifestation of HAE attacks may be primarily mediated through contact system activation. Suppression of contact system activation by C1 esterase inhibitor through the inactivation of plasma kallikrein and factor XIIIa is thought to modulate this vascular permeability by preventing the generation of bradykinin.<sup>6</sup> Administration of BERINERT to patients with C1 esterase inhibitor deficiency replaces the missing or malfunctioning protein in patients. The plasma concentration of C1 esterase inhibitor in healthy volunteers is approximately 270 mg/L.<sup>7</sup>

### 12.3 Pharmacokinetics

The pharmacokinetics of BERINERT were evaluated in an open-label, uncontrolled, single-center study in 40 subjects (35 adults and 5 children under 16 years of age) with either mild or severe HAE. All subjects received a single intravenous injection of BERINERT ranging from 500 IU to 1500 IU. Blood samples were taken during an HAE attack-free period at baseline and for up to 72 hours after drug administration. Pharmacokinetic parameters were estimated using non-compartmental analysis (with or without baseline adjustment). Table 3 summarizes the pharmacokinetic parameters in 35 adult subjects with HAE.

**Table 3. Pharmacokinetic Parameters of BERINERT in Adult Subjects with HAE by Non-compartmental Analysis (n=35)**

Parameters	Unadjusted for baseline	Adjusted for baseline
AUC <sub>(0-∞)</sub> (hr x IU/mL)*	27.5 ± 8.5 (15.7-44.7)	12.8 ± 6.7 (3.9-34.7)
CL (mL/hr/kg)	0.60 ± 0.17 (0.34-0.96)	1.44 ± 0.67 (0.43-3.85)
V <sub>ss</sub> (mL/kg)	18.6 ± 4.9 (11.1-27.6)	35.4 ± 10.5 (14.1-56.1)
Half-life (hrs)	21.9 ± 1.7 (16.5-24.4)	18.4 ± 3.5 (7.4-22.8)
MRT (hrs)	31.5 ± 2.4 (23.7-35.2)	26.4 ± 5.0 (10.7-33.0)

AUC: Area under the curve

CL: Clearance

V<sub>ss</sub>: Volume steady state

MRT: Mean residence time

\*Based on a 15 IU/kg dose. Numbers in parenthesis are the range.

Table 4 summarizes the pharmacokinetic parameters in 5 pediatric subjects (ages 6 through 13) with HAE. When adjusted for baseline, compared to adults, the half-life of BERINERT was shorter and clearance (on per kg basis) was faster in this limited cohort of children. However, the clinical implication of this difference is not known.

**Table 4. Pharmacokinetic Parameters of BERINERT in Pediatric Subjects (n=5)\* with HAE by Non-compartmental Analysis**

Parameters	Unadjusted for baseline	Adjusted for baseline
AUC <sub>(0-∞)</sub> (hr x IU/mL) <sup>†</sup>	25.45 ± 5.8 (16.8-31.7)	9.78 ± 4.37 (4.1-15.2)
CL (mL/hr/kg)	0.62 ± 0.17 (0.47-0.89)	1.9 ± 1.1 (0.98-3.69)
V <sub>ss</sub> (mL/kg)	19.8 ± 4.0 (16.7-26.1)	38.8 ± 8.9 (31.9-54.0)
Half-life (hrs)	22.4 ± 1.6 (20.3-24.4)	16.7 ± 5.8 (7.4-22.5)
MRT (hrs)	32.3 ± 2.3 (29.3-35.2)	24.0 ± 8.3 (10.7-32.4)

AUC: Area under the curve

CL: Clearance

V<sub>ss</sub>: Volume steady state

MRT: Mean residence time

\*Age Range: 6-13 years

<sup>†</sup>Based on a 15 IU/kg dose. Numbers in parenthesis are the range.

Studies have not been conducted to evaluate the pharmacokinetics of BERINERT in special patient populations identified by gender, race, geriatric age, or the presence of renal or hepatic impairment.

## 13 NONCLINICAL TOXICOLOGY

### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

No animal studies have been completed to evaluate the effects of BERINERT on carcinogenesis, mutagenesis, and impairment of fertility.

### 13.2 Animal Toxicology and/or Pharmacology

Acute intravenous toxicity of BERINERT was performed in mice at 1500, 3000, and 6000 IU/kg and in rats at 1000, 2000, and 3000 IU/kg. BERINERT was well tolerated and no signs of toxicity were observed up to the highest dose administered.

Repeat intravenous dose toxicity was studied in a 14-day repeat dose study in rats at doses of 20, 60, and 200 IU/kg/day. BERINERT was well tolerated and no toxicity was observed up to the highest dose administered. No antibody response against C1 esterase inhibitor could be demonstrated in this study after multiple dosing with BERINERT.

In a safety pharmacology study, BERINERT was administered to beagle dogs intravenously at a cumulative dose of 3500 IU/kg. No adverse effects were seen on the cardiovascular and respiratory system. There was a drop in body temperature, reduced coagulation time, and a decrease in thrombocyte aggregation.

Local intravenous tolerance of BERINERT was evaluated in rabbits at 1500 IU. No pathological changes were noted at the time of injection or during the following 24 hours. No pathological signs were noted during necropsy.

A study in pigs investigating cardioprotective effects of C1 esterase inhibitor suggests a risk of thrombosis from intravenous administration of C1 esterase inhibitor products at doses of 200 IU/kg; however, in this study, cardioprotective effects were observed at a dose of 40 IU/kg.<sup>2</sup>

## 14 CLINICAL STUDIES

The safety and efficacy of BERINERT in the treatment of acute abdominal or facial HAE attacks in subjects with hereditary angioedema were demonstrated in a placebo-controlled, double-blind, prospective, multinational, randomized, parallel-group, dose-finding, three-arm, clinical study, referred to as the randomized clinical trial (RCT). The RCT assessed the efficacy and safety of BERINERT in 124 adult and pediatric subjects with C1 esterase inhibitor deficiency who were experiencing an acute moderate to severe attack of abdominal or facial HAE. Subjects ranged in age from six to 72 years of age; 67.7% were female and 32.3% were male; and approximately 90% were Caucasian.

The study objectives were to evaluate whether BERINERT shortens the time to onset of relief of symptoms of an abdominal or facial HAE attack compared to placebo and to compare the efficacy of two different doses of BERINERT. The time to onset of relief of symptoms was determined by the subject's response to a standard question posed at appropriate time intervals for as long as 24 hours after start of treatment, taking into account all single HAE symptoms. In addition, the severity of individual HAE symptoms was assessed over time.

Subjects were randomized to receive a single 10 IU/kg body weight dose of BERINERT (39 subjects), a single 20 IU/kg dose of BERINERT (43 subjects), or a single dose of placebo (42 subjects) by slow intravenous infusion (recommended to be given at a rate of approximately 4 mL per minute) within 5 hours of an HAE attack. At least 70% of the subjects in each treatment group were required to be experiencing an abdominal HAE attack.

If a subject experienced no relief or insufficient relief of symptoms by 4 hours after infusion, investigators had the option to administer a second infusion of BERINERT (20 IU/kg for the placebo group, 10 IU/kg for the 10 IU/kg group), or placebo (for the 20 IU/kg group). This masked (blinded) "rescue study medication" was administered to subjects and they were then followed until complete resolution of symptoms was achieved. Adverse events were collected for up to 7 to 9 days following the initial administration of BERINERT or placebo.

In the rare case that a subject developed life-threatening laryngeal edema after inclusion into the study, immediate start of open-label treatment with a 20 IU/kg body weight dose of BERINERT was allowed.

All subjects who received confounding medication (rescue medication) before symptom relief were regarded as "non-responders." Therefore, time to onset of symptom relief was set at 24 hours if a subject received any rescue medication (ie, rescue study medication, narcotic analgesics, non-narcotic analgesics, anti-emetics, open-label C1 inhibitor, androgens at increased dose, or fresh frozen plasma) between 5 hours before administration of blinded study medication until time to onset of relief.

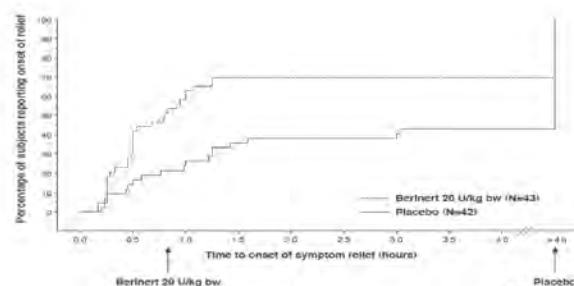
For the trial to be considered successful, the study protocol specified the following criteria for the differences between the BERINERT 20 IU/kg and the placebo group:

- The time to onset of relief of symptoms of the HAE attack had to achieve a one-sided p-value of less than 0.0249 for the final analysis, and at least one of the following criteria had to demonstrate a trend in favor of BERINERT with a one-sided p-value of less than 0.1:
  - o The proportion of subjects with increased intensity of clinical HAE symptoms between 2 and 4 hours after start of treatment with study medication compared to baseline, or
  - o The number of vomiting episodes within 4 hours after start of study treatment.

Subjects treated with 20 IU/kg body weight of BERINERT experienced a significant reduction (p=0.0016; "Wilcoxon Rank Sum test") in time to onset of relief from symptoms of an HAE attack as compared to placebo (median of 48 minutes for BERINERT 20 IU/kg body weight, as compared to a median of >4 hours for placebo). The time to onset of relief from symptoms of an HAE attack for subjects in the 10 IU/kg dose of BERINERT was not statistically significantly different from that of subjects in the placebo group.

Figure 9 is a Kaplan-Meier curve showing the percentage of subjects reporting onset of relief of HAE attack symptoms as a function of time. Individual time points beyond 4 hours are not presented on the graph because the protocol permitted blinded rescue medication, analgesics, and/or anti-emetics to be administered starting 4 hours after randomized blinded study medication had been administered.

**Figure 9. Time to Onset of Symptom Relief With Imputation to >4 Hours for Subjects Who Received any Rescue Medication\* or Non-narcotic Analgesics Before Start of Relief**

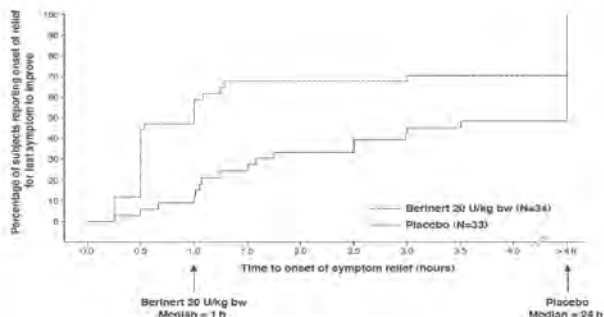


\* Included rescue study medication (as blinded C1 inhibitor or placebo given as rescue medication), open-label C1 inhibitor, narcotic and non-narcotic analgesics, anti-emetics, androgens at increased dose, or fresh frozen plasma.



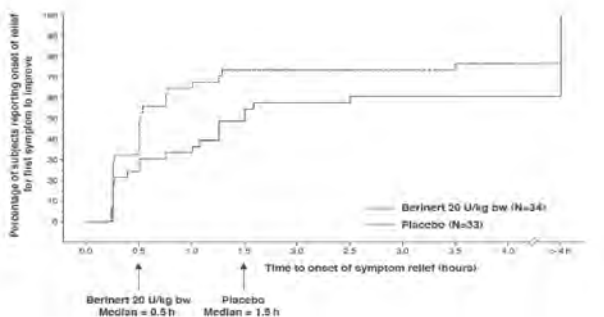
In addition, the efficacy of BERINERT 20 IU/kg body weight could be confirmed by observing a reduction in the intensity of single HAE symptoms at an earlier time compared to placebo. For abdominal attacks Figure 10 shows the time to start of relief of the *last* symptom to improve that was already present at baseline. Pre-defined abdominal HAE symptoms included pain, nausea, vomiting, cramps and diarrhea. Figure 11 shows the respective time to start of relief of the *first* symptom to improve that was already present at baseline.

**Figure 10. Time to Start of Relief of the Last Symptom to Improve (Abdominal HAE Attacks) with Imputation to >4 Hours for Subjects Who Received any Rescue Medication\* Before Start of Relief**



\* Included rescue study medication (as blinded C1 inhibitor or placebo given as rescue medication), open-label C1 inhibitor, narcotic and non-narcotic analgesics, anti-emetics, androgens at increased dose, or fresh frozen plasma.

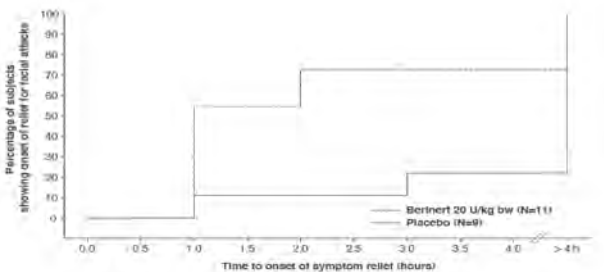
**Figure 11. Time to Start of Relief of the First Symptom to Improve (Abdominal HAE Attacks) With Imputation to >4 Hours for Subjects Who Received Any Rescue Medication\* Before Start of Relief**



\* Included rescue study medication (as blinded C1 inhibitor or placebo given as rescue medication), open-label C1 inhibitor, narcotic and non-narcotic analgesics, anti-emetics, androgens at increased dose, or fresh frozen plasma.

For facial attacks, single HAE symptoms were recorded. In addition, photos were taken at pre-determined time points and assessed by the members of an independent Data Safety Monitoring Board (DSMB), who were blinded as to treatment, center and other outcome measures. The change in the severity of the edema when compared to baseline was assessed on a scale with outcomes "no change", "better", "worse" and "resolved". Figure 12 shows the time to start of relief from serial facial photographs by DSMB assessment.

**Figure 12. Time to Start of Relief From Serial Facial Photographs\***



\* Includes facial HAE attacks in subjects with concomitant abdominal HAE attacks.

Table 5 compares additional endpoints, including changes in HAE symptoms and use of rescue medication in subjects receiving BERINERT at 20 IU/kg body weight and placebo.

**Table 5. Changes in HAE Symptoms and Use of Rescue Medication in Subjects Receiving BERINERT 20 IU/kg Body Weight vs. Placebo**

Additional Endpoints	Number (%) of Subjects BERINERT 20 IU/kg Body Weight Group (n=43)	Number (%) of Subjects Placebo Group (n=42)
Onset of symptom relief within 60 minutes after administration of study medication ( <i>post-hoc</i> )	27 (62.8%)	11 (26.2%)
Onset of symptom relief within 4 hours after administration of study medication	30 (69.8%)	18 (42.9%)
Number of vomiting episodes within 4 hours after start of study treatment*	6 episodes	35 episodes
Worsened intensity of clinical HAE symptoms between 2 and 4 hours after administration of study medication compared to baseline†	0 (0%)	12 (28.6%)
Number (percent) of combined abdominal and facial HAE attack subjects receiving rescue study medication, analgesics, or anti-emetics at any time prior to initial relief of symptoms	13 (30.2%)	23 (54.8%)
At least one new HAE symptom not present at baseline and starting within 4 hours after administration of study medication	2 (4.6%)	6 (14.3%)

\* p-value = 0.033

† p-value = 0.00008

Both the proportion of subjects with increased intensity of clinical HAE symptoms between 2 and 4 hours after start of treatment compared to baseline, and the number of vomiting episodes within 4 hours after start of study treatment demonstrated trends in favor of BERINERT in comparison to placebo (p-values <0.1). Tables 6 through 9 present additional information regarding responses to treatment.

**Table 6. Proportion of Subjects Experiencing Start of Self-Reported Relief of Symptoms by 4 Hours by HAE Attack Type**

HAE Attack Type	BERINERT 20 IU/kg Body Weight (Abdominal Subjects = 34) (Facial Subjects = 9) (Other subjects = 0)	Placebo Group (Abdominal Subjects = 33) (Facial Subjects = 8) (Other subjects = 1)*
Abdominal	24 (70.6%)	15 (45.5%)
Facial	6 (66.7%)	3 (37.5%)

\* Laryngeal edema initially classified as facial edema.

**Table 7. Proportion of Subjects Experiencing Reduction in Severity of at Least One Individual HAE Attack Symptom by 4 Hours**

HAE Attack Type	BERINERT 20 IU/kg Body Weight (Abdominal Subjects = 34) (Facial Subjects = 9)	Placebo Group (Abdominal Subjects = 33) (Facial Subjects = 8)
Abdominal	33 (97.1%)	29 (87.9%)
Facial	6 (66.7%)	4 (50%)

**Table 8. Proportion of Subjects with Facial HAE Attacks Demonstrating Improvement in Serial Facial Photographs by 4 hours\***

Attack Type	BERINERT 20 IU/kg Body Weight (Subjects = 9)	Placebo Group (Subjects = 8)
Facial	7 (77.8%)	2 (25%)

\* Based on masked (blinded) evaluation by data safety monitoring board.

**Table 9. Proportion of Subjects with Abdominal and Facial HAE Attacks Receiving Rescue Study Medication at any Time Prior to Complete Relief of Symptoms**

HAE Attack Type	BERINERT 20 IU/kg Body Weight (Abdominal Subjects = 34) (Facial Subjects = 9)	Placebo Group (Abdominal Subjects = 33) (Facial Subjects = 8)
Abdominal	7 (20.6%)	17 (51.5%)
Facial	1 (11.1%)	6 (75%)

No subjects treated with BERINERT at 20 IU/kg body weight reported worsening of symptoms at 4 hours after administration of study medication compared to baseline. The study demonstrated that the BERINERT 20 IU/kg body weight dose was significantly more efficacious than the BERINERT 10 IU/kg body weight dose or placebo.

#### Open-Label Extension Study

BERINERT was evaluated in a prospective, open-label, uncontrolled, multicenter extension study conducted at 15 centers in the US and Canada in subjects who had participated in the RCT study for the treatment of acute abdominal or facial HAE attacks in subjects with hereditary angioedema.

The purpose of this extension study was to provide BERINERT to subjects who had participated in the RCT study and who experienced any type of subsequent HAE attack (ie, abdominal, facial, peripheral, or laryngeal).

The safety analysis of the open-label extension study included a total of 57 subjects (19 males and 38 females, age range: 10 to 53 years) with 1085 HAE attacks treated with 20 IU/kg body weight dose of BERINERT per attack, who were observed at the study site until onset of relief of HAE symptoms, and were followed up for adverse reactions for 7 to 9 days following treatment of each HAE attack [see *Adverse Reactions* (6.1)]. During the extension study, 51 subjects experienced 747 abdominal attacks, 21 subjects experienced 51 facial HAE attacks, 30 subjects experienced 235 peripheral HAE attacks, and 16 subjects experienced 48 laryngeal HAE attacks. Some study subjects may have experienced HAE attacks in more than one location.

An analysis of laryngeal HAE attacks showed that the median time to initial onset of symptom relief and median time to complete resolution in the per-attack analysis were 0.25 hours and 8.4 hours, respectively (Table 10), which were the shortest times among the various HAE attack locations.

**Table 10. Time to Initial Onset of Symptom Relief and Time to Complete Resolution of HAE Symptoms for Laryngeal HAE Attacks**

Statistic	Laryngeal (n=48)
<b>Time to initial onset of symptom relief [hours]</b>	
Median (range)	0.25 (0.10 - 1.25)
95% CI for median	[0.23; 0.42]
<b>Time to complete resolution of HAE symptoms [hours]</b>	
Median (range)	8.4 (0.6 - 61.8*)
95% CI for median	[6.2; 21.5]

CI = confidence interval  
HAE = hereditary angioedema  
N = number of attacks

\* The maximum time to complete resolution of 61.8 hours was an imputed value. Subject 29301 had 2 laryngeal HAE attacks with missing times to complete resolution of HAE symptoms, which were imputed with the maximum time to complete resolution of HAE symptoms observed for an abdominal HAE attack in this subject.

There were no clinically relevant or consistent data suggesting that gender, age group, race/ethnic group, type of HAE, routine use of androgens, or presence of detectable anti-C1 Esterase Inhibitor antibodies had an effect on the time to initial or complete relief of symptoms following BERINERT.

The prospective open-label extension study demonstrated that, in comparison to untreated historical control data retrospectively collected at a study center in Germany over a 20 year period<sup>9</sup>, the BERINERT 20 IU/kg body weight dose appeared to be effective in ameliorating laryngeal HAE attacks by achieving complete resolution of HAE symptoms within 24 hours from attack onset in the majority of subjects. The treatment effects observed with BERINERT in the extension study are consistent with the findings from the placebo-controlled efficacy trial.

## 15 REFERENCES

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## 16 HOW SUPPLIED/STORAGE AND HANDLING

- BERINERT is supplied in a single-dose vial together with an administration kit.
- 500 IU vial of BERINERT for reconstitution with 10 mL of Sterile Water for Injection, USP.
- The components used in the packaging for BERINERT are not made with natural rubber latex.

Each product presentation includes a package insert and the following components:

**Table 11. How Supplied**

	Carton NDC Number	Components
500 IU	63833-825-02	<ul style="list-style-type: none"> <li>BERINERT in a single-dose vial [NDC 63833-835-01]</li> <li>10 mL vial of Sterile Water for Injection, USP [NDC 63833-765-15]</li> <li>10 mL silicone-free syringe</li> <li>IV set and butterfly needle</li> <li>Mix2Vial filter transfer set</li> <li>Alcohol swabs</li> </ul>

## Storage and Handling

- When stored at temperatures of 2-30°C (36-86°F), BERINERT is stable for the period indicated by the expiration date on the carton and vial label.
- Keep BERINERT in its original carton until ready to use.
- Do not freeze.
- Protect from light.
- Discard any unused product and all used disposable supplies.

## 17 PATIENT COUNSELING INFORMATION

Advise the patients to read the FDA-approved patient labeling (Patient Information).

### Inform patients to immediately report the following to their physician:

- Signs and symptoms of allergic hypersensitivity reactions, such as hives, urticaria, tightness of the chest, wheezing, hypotension and/or anaphylaxis experienced during or after injection of BERINERT [see *Warnings and Precautions* (5.1)]
- Signs and symptoms of a thromboembolic event including pain and/or swelling of an arm or leg with warmth over the affected area, discoloration of an arm or leg, unexplained shortness of breath, chest pain or discomfort that worsens on deep breathing, unexplained rapid pulse, numbness or weakness on one side of the body. Advise patients with known risk factors for thromboembolic events that they are at an increased risk for these events [see *Warnings and Precautions* (5.2)].
- Advise female patients to notify their physician if they become pregnant or intend to become pregnant during the treatment of acute abdominal or facial HAE attacks with BERINERT [see *Use in Specific Populations* (8.1)].
- Advise patients to notify their physician if they are breastfeeding or plan to breastfeed [see *Use in Specific Populations* (8.2)].
- Advise patients to consult with their healthcare professional prior to travel.
- Advise patients/caregivers to bring an adequate supply of BERINERT when traveling.
- Advise patients to bring BERINERT with them when they visit a healthcare provider/facility for an acute HAE attack.
- Advise patients that, because BERINERT is made from human blood, it may carry a risk of transmitting infectious agents, eg, viruses, the variant Creutzfeldt-Jakob disease (vCJD) agent and, theoretically, the Creutzfeldt-Jakob (CJD) agent [see *Warnings and Precautions* (5.3) and *Description* (11)]. Inform patients of the risks and benefits of BERINERT before prescribing or administering it to the patient.

**Self-administration** — Ensure that the patient (or caregiver) is an appropriate candidate for self-administration, this includes, but not limited to a determination that:

- The patient (or caregiver) is reliably able to recognize the signs and symptoms of their HAE attacks.
- The patient (or caregiver) has the necessary dexterity and comprehension to be trained to self-administer.

If self-administration is deemed appropriate, ensure that the patient/caregiver receives clear instructions and training on intravenous administration in the home or other appropriate setting and has demonstrated the ability to perform intravenous infusions.

- Ensure the patients/caregivers understand the importance of not starting self-administration if the HAE attack (regardless of type) has progressed to a point that the patient/caregiver would be unable to successfully prepare or administer BERINERT.
- Given the potential for airway obstruction during acute laryngeal HAE attacks, patients self-administering BERINERT should be advised to immediately seek medical attention in an appropriate healthcare facility in addition to treatment with BERINERT.

- To help exclude the possibility that another potentially serious medical cause may be responsible for their symptoms, advise patients self-administering BERINERT to contact their healthcare provider after treating suspected abdominal HAE attacks.
- Instruct patients/caregivers to record the lot number from the BERINERT vial label every time they use BERINERT.

The attached BERINERT "Patient Product Information (PPI)" contains more detailed instructions for patients/caregivers who will be self-administering BERINERT.

## FDA-Approved Patient Labeling – Patient Product Information (PPI)

### BERINERT (BEAR-ĭ-ner-t) C1 Esterase Inhibitor (Human) Freeze-Dried Powder for Reconstitution

This leaflet summarizes important information about BERINERT. Please read it carefully before using BERINERT and each time you get a refill. There may be new information provided. This information does not take the place of talking with your healthcare provider, and it does not include all of the important information about BERINERT. If you have any questions after reading this, ask your healthcare provider.

**Do not attempt to self-administer unless you have been taught how by your healthcare provider.**

#### What is BERINERT?

BERINERT is an injectable medicine used to treat swelling and/or painful HAE attacks in adults and children with Hereditary Angioedema (HAE). HAE is caused by the poor functioning or lack of a protein called C1 that is present in your blood and helps control inflammation (swelling) and parts of the immune system. BERINERT contains C1 esterase inhibitor, a protein that helps control C1.

#### Who should not use BERINERT?

You should not use BERINERT if you have experienced life-threatening immediate hypersensitivity reactions, including anaphylaxis, to the product.

#### What should I tell my healthcare provider before using BERINERT?

Tell your healthcare provider about all of your medical conditions, including if you:

- Are pregnant or planning to become pregnant. It is not known if BERINERT can harm your unborn baby.
- Are breastfeeding or plan to breastfeed. It is not known if BERINERT passes into your milk and if it can harm your baby.
- Have a history of blood clotting problems. Blood clots have occurred in patients receiving BERINERT. Very high doses of C1 esterase inhibitor could increase the risk of blood clots. Tell your healthcare provider if you have a history of heart or blood vessel disease, stroke, blood clots, or have thick blood, an indwelling catheter/access device in one of your veins, or have been immobile for some time. These things may increase your risk of having a blood clot after using BERINERT. Also, tell your healthcare provider what drugs you are using, as some drugs, such as birth control pills or certain androgens, may increase your risk of developing a blood clot.

Tell your healthcare provider and pharmacist about all of the medicines you take, including all prescription and non-prescription medicines such as over-the-counter medicines, supplements, or herbal remedies.

#### What are the possible side effects of BERINERT?

**Allergic reactions may occur with BERINERT. Call your healthcare provider or seek emergency support services right away if you have any of the following symptoms after using BERINERT:**

- wheezing
- difficulty breathing
- chest tightness
- turning blue (look at lips and gums)
- fast heartbeat
- swelling of the face
- faintness
- rash
- hives

Signs of a blood clot include:

- pain and/or swelling of an arm or leg with warmth over the affected area
- discoloration of an arm or leg
- unexplained shortness of breath
- chest pain or discomfort that worsens on deep breathing
- unexplained rapid pulse
- numbness or weakness on one side of the body

In clinical studies, the most serious adverse reaction reported in subjects who received BERINERT was an increase in the severity of pain associated with HAE.

In clinical studies, the most common adverse reaction reported among subjects who received BERINERT in the placebo-controlled clinical trial was dysgeusia (bad taste in mouth).

Because BERINERT is made from human blood, it may carry a risk of transmitting infectious agents, such as viruses, the variant Creutzfeldt-Jakob disease (vCJD) agent and, theoretically, the Creutzfeldt-Jakob (CJD) agent.

These are not all the possible side effects of BERINERT.

Tell your healthcare provider about any side effect that bothers you or that does not go away. You can also report side effects to the FDA at 1-800-FDA-1088.

#### How should I store BERINERT?

- Keep BERINERT in its original carton to protect from light until ready to use.
- When stored at temperatures of 2-30°C (36-86°F), BERINERT is stable for the period indicated by the expiration date on the carton and vial label.
- Do not freeze.

#### What else should I know about BERINERT?

Medicines are sometimes prescribed for purposes other than those listed here. Do not use BERINERT for a condition for which it is not prescribed. Do not share BERINERT with other people, even if they have the same symptoms that you have.

This leaflet summarizes the most important information about BERINERT. If you would like more information, talk to your healthcare provider. You can ask your healthcare provider or pharmacist for information about BERINERT that was written for healthcare professionals. For more information, go to [www.BERINERT.com](http://www.BERINERT.com) or call 1-877-236-4423.

#### What are the symptoms of a facial, abdominal or laryngeal Hereditary Angioedema (HAE) attack?

Early HAE symptoms appear anywhere from minutes to one to two days before the attack worsens. HAE attacks can last hours to several days, and range in severity. Itching is not a typical feature of HAE attacks.

**Facial attacks** — These HAE attacks can occur in areas around the eyes and mouth, and result from local edema of tissue beneath the skin (subcutaneous).

**Abdominal attacks** — These HAE attacks appear as pain (colic), nausea, vomiting, and/or diarrhea. These symptoms result from the swelling of walls of the gastrointestinal tract.

**Laryngeal HAE attacks** — Laryngeal edema (swelling of the voice box, difficulty breathing, loss of voice, and noisy breathing on inspiration), can occur by itself, or with swelling of the lips, tongue, uvula (the piece of mouth tissue that hangs down from the top of the mouth over the back of the tongue), and soft palate (the soft tissue at the back of the mouth). Removing a tooth and oral surgery can trigger a laryngeal attack. Laryngeal swelling can develop in minutes or hours.

Many HAE attacks involve only one location of the body at a time, although combination attacks, such as cutaneous attacks that spread to involve the larynx (the voice box), can occur.

**What other diseases or symptoms could resemble a HAE attack?** Some abdominal-related causes that can appear as an HAE attack include:

- Appendicitis
- Heartburn
- Gall bladder attack
- Diverticulitis
- Pancreatitis
- Stomach ulcer
- General abdominal distress

Other symptoms that can appear as an HAE attack include:

- Allergic reactions (eg, insect bites and rash)

### What should I know about self-administration?

- At the first symptoms of an attack, you should immediately prepare the prescribed dose of BERINERT for self-administration.
- You should not start self-administration if the HAE attack (regardless of type) has progressed to a point where you are unable to successfully dissolve BERINERT or to administer BERINERT.

### Instructions for Use

- **Do not attempt to self-administer unless you have been taught how by your healthcare provider.**
- **See the step-by-step instructions for injecting BERINERT at the end of this leaflet.** You should always follow the specific instructions given by your healthcare provider. The steps listed below are general guidelines for using BERINERT. If you are unsure of the steps, please contact your healthcare provider or pharmacist before using.
- Your healthcare provider will prescribe the dose that you should administer, which is based on your body weight.
- After self-administering BERINERT for an acute laryngeal HAE attack, immediately seek medical attention in an appropriate healthcare facility after treatment with BERINERT.
- Contact your healthcare provider after treating suspected abdominal HAE attacks to help exclude the possibility that another potentially serious medical cause may be responsible for your symptoms.
- **Call your healthcare provider right away if swelling is not controlled after using BERINERT.**
- Bring BERINERT with you when you visit a healthcare provider/facility for an acute HAE attack.
- Talk to your healthcare provider before traveling to make sure you have an adequate supply of BERINERT.

### Reconstitution and Administration

- Each BERINERT vial contains 500 IU of C1 esterase inhibitor as a lyophilized concentrate for reconstitution with 10 mL of Sterile Water for Injection, USP provided.
- Check the expiration date on the product vial label and on the administration kit. Do not use any component that is beyond the expiration date. Do not use if any components are damaged or opened.
- Use either the Mix2Vial transfer set provided with BERINERT or a commercially available double-ended needle and vented filter spike.
- Prepare and administer using aseptic techniques.
- After reconstitution and prior to administration inspect BERINERT. The reconstituted solution should be colorless, clear, and free from visible particles. Do not use if the solution is cloudy, discolored, or contains particulates.
- Use the silicone-free syringe provided.

### Reconstitution

The procedures below are provided as general guidelines for the reconstitution of BERINERT.

1. Ensure that the BERINERT vial and diluent vial are at room temperature.
2. Place the BERINERT vial, diluent vial and Mix2Vial transfer set on a flat surface.
3. Remove the flip caps from the BERINERT and diluent vials. Wipe the vial stoppers with the alcohol swab provided. Allow to dry prior to opening the Mix2Vial transfer set package.
4. Open the Mix2Vial transfer set package by peeling away the lid (Figure 1). Leave the Mix2Vial transfer set in the clear package.



Figure 1

5. Place the diluent vial on a flat surface and hold the vial tightly. Grip the Mix2Vial transfer set together with the clear package and push the plastic spike at the blue end of the Mix2Vial transfer set firmly through the center of the stopper of the diluent vial (Figure 2).



Figure 2

6. Carefully remove the clear package from the Mix2Vial transfer set. Make sure that you pull up only the clear package, and not the Mix2Vial transfer set (Figure 3).



Figure 3

7. With the BERINERT vial placed firmly on a flat surface, invert the diluent vial with the Mix2Vial transfer set attached and push the plastic spike of the transparent adapter firmly through the center of the stopper of the BERINERT vial (Figure 4). The diluent will automatically transfer into the BERINERT vial.



Figure 4

8. With the diluent and BERINERT vial still attached to the Mix2Vial transfer set, gently swirl the BERINERT vial to ensure that the BERINERT is fully dissolved (Figure 5). Do not shake the vial.



Figure 5

9. With one hand, grasp the BERINERT-side of the Mix2Vial transfer set and with the other hand grasp the blue diluent-side of the Mix2Vial transfer set and unscrew (counter clockwise) the set into two pieces (Figure 6).



Figure 6

10. Carefully look at reconstituted solution in each vial of BERINERT. It should be colorless, clear, and free from visible particles. **Do not use the vial if** the liquid looks cloudy, contains particles, or has changed color. Do not use if the expiration date on the label has expired.
11. Draw air into the empty, sterile, silicone-free syringe provided. While the BERINERT vial is upright, screw the syringe to the Mix2Vial transfer set. Inject air into the BERINERT vial. While keeping the syringe plunger pressed, invert the system upside down and draw the concentrate into the syringe by pulling the plunger back slowly (Figure 7). If BERINERT is not immediately used, please store reconstituted solution in the vial.



Figure 7

12. Now that the concentrate has been transferred into the syringe, firmly grasp the barrel of the syringe (keeping the plunger facing down) and unscrew (counter clockwise) the syringe from the Mix2Vial transfer set (Figure 8). Attach the syringe to a suitable intravenous administration set.



Figure 8

13. If patient is to receive more than one vial, a new unused Mix2Vial transfer set and a new silicone-free syringe should be used for each BERINERT vial.
14. Do not refrigerate after reconstitution. When reconstitution is carried out using aseptic technique, administration may begin within 8 hours, provided the solution has been stored at up to 30°C (86°F). Do not refrigerate or freeze the reconstituted solution. Only store the reconstituted solution in the vial.

### SELF-ADMINISTRATION (Intravenous Infusion)

Your healthcare provider will teach you how to safely administer BERINERT. It is important that BERINERT is injected directly into a visible vein. Do not inject into surrounding tissues or into an artery. Once you learn how to self-administer, follow the instructions provided below.

#### Step 1: Assemble supplies

Gather the following BERINERT supplies:

Provided with Administration Kit:

- silicone-free syringe
- IV set and butterfly needle
- alcohol swabs

Not provided:

- Tourniquet
- Sterile gauze and tape, or transparent dressing
- Bandage (adhesive dressing)
- Gloves (if recommended by your healthcare provider)
- Other items (sharps or other container, treatment diary or log book)

#### Step 2: Wash hands

- Thoroughly wash and dry your hands.
- If you have been told to wear gloves when preparing your infusion, put the gloves on.

#### Step 3: Clean surface

Thoroughly clean a table or other flat surface using one or more of the alcohol wipes.

#### Step 4: Prime the infusion set

As instructed by your healthcare provider:

- To prime (fill) the infusion tubing, connect the syringe filled with BERINERT to the infusion set tubing and gently push on the syringe plunger to fill the tubing with BERINERT (Figure 9).



Figure 9

#### Step 5: Prepare the infusion site

- Apply a tourniquet above the site of the infusion.
- Prepare the infusion site by wiping the skin well with an alcohol swab and allow it to dry (Figure 10).



Figure 10

#### Step 6: Infusion

As instructed by your healthcare provider:

- Insert the butterfly needle of the infusion set tubing into your vein (Figure 11).



Figure 11

- If necessary, use sterile gauze and tape or transparent dressing to hold the needle in place.
- To make sure that the needle is in a vein, gently pull back on the syringe plunger and check to see if blood is in the tubing (Figure 12). If there is blood present, then the needle is in a vein. If there is no blood present, remove the needle and repeat this step using a new needle, new administration tubing, and a different injection site.



Figure 12

- Remove the tourniquet.
- Inject the BERINERT solution slowly at a rate of approximately 4 mL per minute (Figure 13).



Figure 13

After infusing the entire amount of BERINERT, remove the infusion set, per manufacturer instructions, (Figure 14) and cover the infusion site with a bandage (Figure 15), holding pressure on the site for a few minutes.



Figure 14



Figure 15

#### Step 7: Record treatment

- Record the lot number from the BERINERT vial label in your treatment diary or log book with the date and time of infusion every time you use BERINERT.

#### Step 8: Clean up

- Dispose of all unused solution, empty vials, used needles and syringe in an appropriate container. The container must be suitable for disposal of sharp waste that might hurt others if not handled correctly.

**This Patient Package Insert has been approved by the US Food and Drug Administration.**

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