

# CMV Immunoglobulin-VF

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I being given CMV Immunoglobulin-VF?

CMV Immunoglobulin-VF contains the active ingredient human cytomegalovirus immunoglobulin. CMV Immunoglobulin-VF is used to prevent cytomegalovirus infection in specific transplant patients. It may also help in the treatment of cytomegalovirus infection.

For more information, see Section [1. Why am I being given CMV Immunoglobulin-VF?](#) in the full CMI.

### 2. What should I know before I am given CMV Immunoglobulin-VF?

Do not use if you have ever had an allergic reaction to CMV Immunoglobulin-VF or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I am given CMV Immunoglobulin-VF?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with CMV Immunoglobulin-VF and affect how it works.

For more information, see Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How will I be given CMV Immunoglobulin-VF?

- Your doctor will determine the dose(s) of CMV Immunoglobulin-VF that you are to receive. Your doctor will give you CMV Immunoglobulin-VF as an infusion, that is, an injection given slowly into the vein.

More instructions can be found in Section [4. How will I be given CMV Immunoglobulin-VF?](#) in the full CMI.

### 5. What should I know after I am given CMV Immunoglobulin-VF?

<b>Things you should do</b>	<ul style="list-style-type: none"><li>Remind any doctor, dentist or pharmacist you visit that you are using CMV Immunoglobulin-VF.</li></ul>
<b>Driving or using machines</b>	<ul style="list-style-type: none"><li>No effects on ability to drive and use machines have been observed.</li></ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"><li>Store at 2°C to 8°C (Refrigerate. Do not freeze). Keep the vial in the outer carton in order to protect from light.</li><li>Do not use this medicine after the expiry date.</li></ul>

For more information, see Section [5. What should I know after I am given CMV Immunoglobulin-VF?](#) in the full CMI.

### 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention. Severe allergic reactions to immunoglobulins are rare. Should a severe allergic reaction occur, the doctor will stop the infusion. Unwanted effects which may occur include: headache, chest tightness, flushed or pale face, feeling hot, non-itchy skin rash, itching, faintness, nausea or vomiting, or a hot feeling or redness at the site of injection. Aseptic Meningitis Syndrome has been reported to occur infrequently in association similar infusions. The signs include severe headache, neck stiffness, drowsiness, fever, inability to stand bright light, painful eye movements, and nausea and vomiting, or a hot feeling or redness at the site of injection. The more serious side effects include fever, loss of appetite, extreme tiredness, dizziness, paleness of skin, stomach pain, jaundice, dark urine, joint pains, skin rashes, shortness of breath, chest pain, pain/tenderness or swelling/dischouration of an arm or leg, weakness or numbness on one side of body.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# CMV Immunoglobulin-VF

Active ingredient: *Human cytomegalovirus immunoglobulin*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using CMV Immunoglobulin-VF. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using CMV Immunoglobulin-VF.**

**Where to find information in this leaflet:**

- [1. Why am I being given CMV Immunoglobulin-VF?](#)
- [2. What should I know before I am given CMV Immunoglobulin-VF?](#)
- [3. What if I am taking other medicines?](#)
- [4. How will I be given CMV Immunoglobulin-VF?](#)
- [5. What should I know after I am given CMV Immunoglobulin-VF?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I being given CMV Immunoglobulin-VF?

**CMV Immunoglobulin-VF contains the active ingredient human cytomegalovirus immunoglobulin.**

CMV Immunoglobulin-VF is made from human plasma (the liquid component of blood) collected by Australian Red Cross Lifeblood. Donations are selected on the basis that they contain high levels of specific antibody to the cytomegalovirus. CMV Immunoglobulin-VF contains protein substances called antibodies, which can provide protection against cytomegalovirus infection.

**CMV Immunoglobulin-VF is used to prevent cytomegalovirus infection in specific transplant patients. It may also help in the treatment of cytomegalovirus infection.**

## 2. What should I know before I am given CMV Immunoglobulin-VF?

### Warnings

**You must not be given CMV Immunoglobulin-VF if:**

- you are allergic to human cytomegalovirus immunoglobulin, or any of the ingredients listed at the end of this leaflet.  
Always check the ingredients to make sure you can use this medicine.
- you have a history of allergy to human immunoglobulin products (allergic reactions may include skin rash, face swelling, wheezing or breathing difficulties).

- you have been told you have antibodies to immunoglobulin A (IgA).

### Check with your doctor if you:

- have previously been advised that you have immunoglobulin A (IgA) deficiency
- have previously been advised that you have kidney disease
- have a history of heart, or blood vessel disease, or blood clots, have thick blood, have been immobile for some time. Also tell the doctor what medicine you are using as some medicines, such as those that contain the hormone estrogen (for example, birth control pills), may increase your risk of developing a blood clot.
- have previously been advised that you have diabetes
- have blood group A, B or AB
- have any other medical conditions.

### Vaccinations

Please inform your doctor if you have had any vaccinations within the last two weeks or are planning to have a vaccination. CMV Immunoglobulin-VF may impair the effect of some virus vaccines such as measles, mumps, rubella and chickenpox for a period of at least 6 weeks, and up to 3 months. After receiving this medicine, a period of 3 months should be allowed before vaccination with some virus vaccines. In the case of measles vaccine, this effect may last for up to 1 year. Therefore, your vaccinating doctor should check the effectiveness of the measles vaccination.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

### Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

### Virus safety

CMV Immunoglobulin-VF is made from human plasma (the liquid component of blood) collected by Australian Red Cross Lifeblood. When products are made from human blood and injected into you, it is possible that viruses or other substances could be present in the product and cause an illness. These could be viruses such as hepatitis, human immunodeficiency virus (HIV), or human parvovirus B19 and theoretically the Creutzfeldt-Jakob Disease (CJD) agent. There could also be other infectious agents some of which may not yet have been discovered.

To reduce the risk of this happening, extra steps are taken when manufacturing this product. Strict controls are applied when selecting blood donors and donations. The product is specially treated to remove and kill certain viruses. These special treatments are considered effective against viruses known as enveloped viruses such as HIV, hepatitis B virus and hepatitis C virus, and non-enveloped viruses, such as hepatitis A virus and human parvovirus B19. Despite these measures, the risk of viral and other agent's infectivity cannot be totally eliminated.

Vaccines are available against some of these viruses and your doctor will be able to help you decide whether it is worthwhile having any of those vaccines.

### Interference with glucose estimations

The maltose present in CMV Immunoglobulin-VF may interfere with some blood glucose measurements, resulting in the overestimation of blood glucose results. If this glucose measurement is used to guide treatment, hypoglycaemia may occur. Only certain glucose tests have been implicated, so when monitoring glucose levels consult your doctor to ensure that maltose does not interfere with the blood glucose reading of the test you are using.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Some medicines may interfere with CMV Immunoglobulin-VF and affect how it works.**

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect CMV Immunoglobulin-VF.**

## 4. How will I be given CMV Immunoglobulin-VF?

### How much will I be given

Your doctor will determine the dose(s) of CMV Immunoglobulin-VF that you are to receive. Your doctor will give you CMV Immunoglobulin-VF as an infusion, that is, an injection given slowly into the vein.

### When will CMV Immunoglobulin-VF be given

CMV Immunoglobulin-VF is given to you under the supervision of your doctor or trained medical professional.

CMV Immunoglobulin-VF should be used to prevent cytomegalovirus infection in specific transplant patients or in the treatment of cytomegalovirus infection.

### If too much CMV Immunoglobulin-VF is given

CMV Immunoglobulin-VF is administered under medical supervision only. An overdose is therefore very unlikely to occur.

The consequences of overdose are not known.

## 5. What should I know after I am given CMV Immunoglobulin-VF?

### Things you should do

#### Call your doctor straight away if you:

- have any concerns about being given this medicine.

Remind any doctor, dentist or pharmacist you visit that you have been given CMV Immunoglobulin-VF.

### Driving or using machines

**Be careful before you drive or use any machines or tools until you know how CMV Immunoglobulin-VF affects you.**

No effects on ability to drive and use machines have been observed.

### Looking after your medicine

You will probably not need to keep any vials of CMV Immunoglobulin-VF at home. However, if you have to keep this medicine at home:

- Store at 2°C to 8°C (Refrigerate. Do not freeze).
- Keep the vial in the outer carton in order to protect from light.

**Keep it where young children cannot reach it.**

### Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

## 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Severe allergic reactions to immunoglobulins are rare.

Should a severe allergic reaction occur, the doctor will stop the infusion.

### Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"> <li>• headache</li> <li>• chest tightness</li> <li>• flushed or pale face</li> <li>• feeling hot</li> <li>• non-itchy skin rash</li> <li>• itching, faintness</li> <li>• dizziness, nausea or vomiting</li> <li>• a hot feeling or redness at the site of injection.</li> </ul>	<p><b>Speak to your doctor if you have any of these less serious side effects and they worry you.</b></p>

Some patients may develop delayed unwanted effects such as nausea, vomiting, chest pain, chills or shivering, dizziness or aching legs. These effects may occur after the infusion has stopped but usually within 24 hours.

A condition called Aseptic Meningitis Syndrome (AMS) has been reported to occur infrequently in association with infusions similar to CMV Immunoglobulin-VF. It usually begins within several hours to two days following treatment.

The signs include severe headache, neck stiffness, drowsiness, fever, inability to stand bright light, painful eye movements, and nausea and vomiting, or a hot feeling or redness at the site of injection.

The condition reverses without ill effects when treatment is stopped.

There have been reports that the kidneys may be affected with infusions similar to CMV Immunoglobulin-VF. These occurrences are extremely rare.

**If you experience any of the mentioned effects or any other abnormal signs after treatment, contact your doctor immediately.**

### Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"><li>• fever</li><li>• loss of appetite</li><li>• extreme tiredness</li><li>• dizziness</li><li>• paleness of skin</li><li>• stomach pain</li><li>• jaundice (yellow skin and eyes)</li><li>• dark urine</li><li>• joint pains</li><li>• skin rashes</li><li>• shortness of breath</li><li>• chest pain</li><li>• pain/tenderness, swelling/discolouration of an arm or leg</li><li>• weakness or numbness on one side of the body.</li></ul>	<b>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor's prescription.

### What CMV Immunoglobulin-VF contains

<b>Active ingredient (main ingredient)</b>	Human cytomegalovirus immunoglobulin
<b>Other ingredients (inactive ingredients)</b>	Maltose (a sugar)

**Do not take this medicine if you are allergic to any of these ingredients.**

### What CMV Immunoglobulin-VF looks like

CMV Immunoglobulin-VF is a clear, colourless, non-viscous (not thick) solution. It is available in glass vials.

Each vial of CMV Immunoglobulin-VF is a sterile solution containing 6% blood proteins of which at least 98% is immunoglobulins. It also contains 10% maltose (a sugar).

AUST R 31810

### Who distributes CMV Immunoglobulin-VF

#### Manufacturer

CMV Immunoglobulin-VF is manufactured in Australia by:

CSL Behring (Australia) Pty Ltd

ABN 48 160 734 761

189-209 Camp Road

Broadmeadows VIC 3047

#### Distributor

Australian Red Cross Lifeblood

This leaflet was prepared in May 2025.