



Hemophilia A

# Doctor Discussion Guide

## Get the most out of your visit

Talking to your doctor about treatment options should be simple. Use this guide to help you have a productive conversation about AFSTYLA with your healthcare provider. Print this, complete the following checklist, then chat with your doctor.

### About me (check or fill all that apply and share with your doctor):

I am currently...

\_\_\_ on prophylaxis therapy as my regular therapy.

\_\_\_ using on-demand treatment as my regular therapy.

I currently dose \_\_\_\_\_ times a week.

I have had \_\_\_\_\_ bleed(s) in the past 12 months.

### About my treatment

Bring the following questions to your doctor’s office to have a meaningful and productive conversation about your treatment.

1. Would I benefit from switching to a new Factor VIII therapy from Helixate® FS, Antihemophilic Factor (Recombinant)?

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2. How does longer half-life affect the dosing of Factor VIII therapy?

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Please see Important Safety Information on pages 3–4 and full prescribing information for AFSTYLA and HELIXATE FS, including patient product information, at [AFSTYLA.com](http://AFSTYLA.com) and [HELIXATEFS.com](http://HELIXATEFS.com).



**About my treatment (cont.)**

3. Is twice-weekly dosing an appropriate option for me?

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4. What makes AFSTYLA different than Helixate FS?

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5. What makes AFSTYLA different from other twice-weekly products?

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6. What are the potential risks and side effects of AFSTYLA?

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7. Can I try AFSTYLA before switching therapies?

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***Have questions about AFSTYLA?***

**Call My Source<sup>SM</sup>**  
**1-800-676-4266**  
**Mon-Fri, 8 AM to 8 PM ET**



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### ***Important Safety Information for AFSTYLA***

AFSTYLA is used to treat and control bleeding episodes in people with hemophilia A. Used regularly (prophylaxis), AFSTYLA can reduce the number of bleeding episodes and the risk of joint damage due to bleeding. Your doctor might also give you AFSTYLA before surgical procedures.

AFSTYLA is administered by intravenous injection into the bloodstream, and can be self-administered or administered by a caregiver. Your healthcare provider or hemophilia treatment center will instruct you on how to do an infusion. Carefully follow prescriber instructions regarding dose and infusion schedule, which are based on your weight and the severity of your condition.

Do not use AFSTYLA if you know you are allergic to any of its ingredients, or to hamster proteins. Tell your healthcare provider if you previously had an allergic reaction to any product containing Factor VIII (FVIII), or have been told you have inhibitors to FVIII, as AFSTYLA might not work for you. Inform your healthcare provider of all medical conditions and problems you have, as well as all medications you are taking.

Immediately stop treatment and contact your healthcare provider if you see signs of an allergic reaction, including a rash or hives, itching, tightness of chest or throat, difficulty breathing, lightheadedness, dizziness, nausea, or a decrease in blood pressure.

Your body can make antibodies, called inhibitors, against FVIII, which could stop AFSTYLA from working properly. You might need to be tested for inhibitors from time to time. Contact your healthcare provider if bleeding does not stop after taking AFSTYLA.

In clinical trials, dizziness and allergic reactions were the most common side effects. However, these are not the only side effects possible. Tell your healthcare provider about any side effect that bothers you or does not go away.

**Please see full prescribing information for AFSTYLA, including patient product information, at [AFSTYLA.com](http://AFSTYLA.com).**

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

### ***Important Safety Information for HELIXATE FS***

HELIXATE FS is a medicine used to replace clotting factor (factor VIII or antihemophilic factor) that is missing in people with hemophilia A.

HELIXATE FS is used to treat and control bleeding in adults and children with hemophilia A. Your healthcare provider might give you HELIXATE FS when you have surgery. HELIXATE FS can reduce the number of bleeding episodes in adults and children when used regularly (prophylaxis), and can reduce the risk of joint damage in children without preexisting joint damage when used regularly.

**Please see Important Safety Information on pages 3–4 and full prescribing information for AFSTYLA and HELIXATE FS, including patient product information, at [AFSTYLA.com](http://AFSTYLA.com) and [HELIXATEFS.com](http://HELIXATEFS.com).**



### ***Important Safety Information for HELIXATE FS (cont.)***

You should not use HELIXATE FS if you are allergic to rodents (like mice and hamsters) or are allergic to any ingredients of HELIXATE FS.

Tell your healthcare provider if you have been told you have heart disease or are at risk for heart disease.

You could have an allergic reaction to HELIXATE FS. Call your healthcare provider right away and stop treatment if you get rash or hives, itching, tightness of the chest or throat, difficulty breathing, light-headed, dizziness, nausea or a decrease in blood pressure.

Your body can make antibodies against HELIXATE FS, called “inhibitors,” which could stop HELIXATE FS from working properly. Consult with your healthcare provider to make sure you are carefully monitored with blood tests for the development of inhibitors to factor VIII.

Other common side effects of HELIXATE FS are local injection-site reactions (pain, swelling, irritation at infusion site) and infections from implanted injection device. Tell your healthcare provider about any side effect that bothers you or does not go away.

Call your healthcare provider right away if bleeding is not controlled after using HELIXATE FS.

**Please see full prescribing information for HELIXATE FS, including approved patient labeling, at [HELIXATEFS.com](http://HELIXATEFS.com).**

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