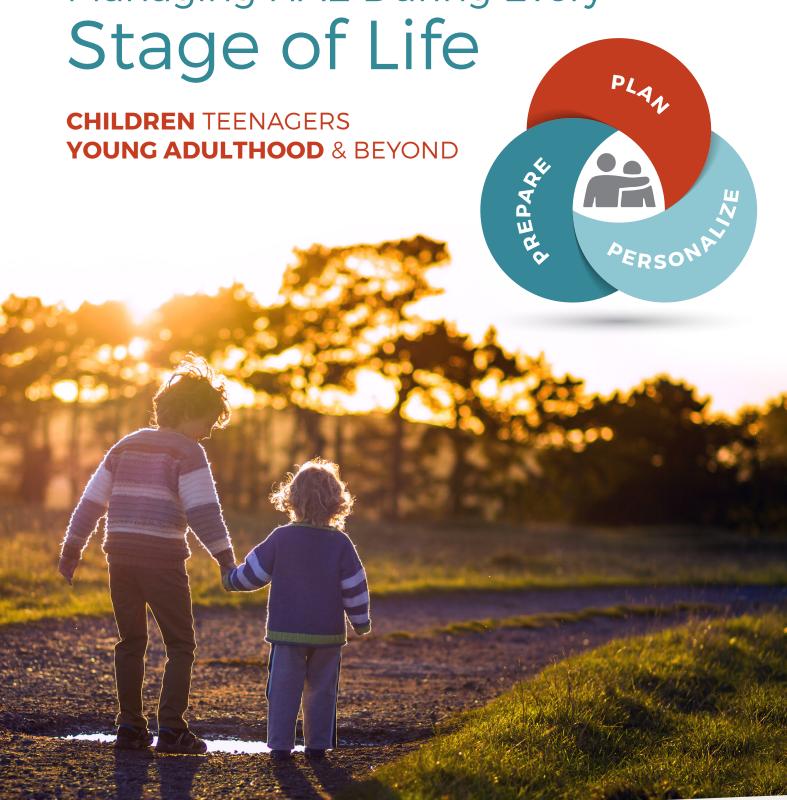
Managing HAE During Every



What to Do During Childhood

CHECKLIST FOR PARENTS

of children with HAE

- Test children from HAE-affected families as soon as possible
- Help children to "name" symptoms
- Identify potential triggers with them
- Give them a card with emergency contacts
- Keep a doctor letter on file at school
- Inform everyone involved in your child's care about what to do in case of an HAE emergency
- Ask your doctor about HAE treatments approved for children

Talk to Your **Family**

Communicate with your family members about HAE and how it affects you



Navigating the Teenage Years

CHECKLIST FOR TEENAGERS with HAE

- Recognize and avoid triggers
- Be aware of physical warning signs that may precede an HAE attack
- Learn as much as you can about your treatment options and be prepared for an HAE attack
- Carry an HAE Identification Card or wear a medical ID bracelet in case of emergency
- Try to limit emotional or physical stress
- Talk with your doctor before you have surgery or dental work

Talk to Your Family

Ask affected family members to share tips on how they manage HAE



Planning for College and Beyond

CHECKLIST FOR ADULTS with HAE

- Try to limit emotional or physical stress
- Talk with your doctor before you have surgery or dental work
- Tell your doctor before starting or changing any therapy
- Inform your close friends about your condition so they know what to do in case of an emergency
- Know the location of the nearest treatment center when you're away from home
- Carry your emergency contact information with you
- Always have 2 doses of your on-demand treatment available

Talk to Your **Family**

Everyone is different—work with your doctor to develop an individualized treatment plan that works for you

